

1 *Submission to Journal of Clinical Microbiology*

2

3 ***In vitro* antifungal susceptibility of the yeast- and mould-phases of the dimorphic fungal**
4 **pathogen, *Emergomyces africanus* (formerly *Emmonsia* species), from HIV-infected South**
5 **African patients**

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25 **Running Title:** *Emergomyces africanus in vitro* antifungal susceptibility

26 **Keywords:** disseminated emmonsiosis; emergomycosis; novel; opportunistic infection;
27 dimorphic fungus; antifungal susceptibility testing

28

29 **Word Count (Body):**

30

31 **Conflicts of interests:** For unrelated work, Nelesh P. Govender received speaker honoraria/
32 travel grants from Pfizer, Astellas and MSD (Pty) Ltd, has provided educational materials for
33 TerraNova and has acted as a temporary consultant for Fujifilm Pharmaceuticals. For other
34 authors, none was declared.

35

36 **Funding:** The project was funded by the National Institute for Communicable Diseases.

37 **Abstract**

38

39 **Word count:** 250

40

41 Introduction: Disseminated emmonsiosis is an important AIDS-related mycosis in South
42 Africa caused by *Emergomyces africanus*, a newly-described and -renamed dimorphic fungal
43 pathogen. *In vitro* antifungal susceptibility data can guide management.

44

45 Materials and Methods: Identification of invasive clinical isolates was confirmed
46 phenotypically and by sequencing the internal transcribed spacer region. Yeast and mould-
47 phase MICs for fluconazole, voriconazole, itraconazole, posaconazole, caspofungin,
48 anidulafungin, micafungin and flucytosine were determined using custom-made frozen broth
49 microdilution (BMD) panels, as per Clinical and Laboratory Standards Institute
50 recommendations. MICs for amphotericin B, itraconazole, posaconazole and voriconazole
51 were determined by Etest.

52

53 Results: Fifty unique *Emergomyces africanus* isolates were tested. Yeast- and mould-phase
54 geometric mean (GM) BMD and Etest MICs values were 0.01 mg/L for itraconazole.
55 Voriconazole and posaconazole GM BMD MICs were 0.01 mg/L for both phases, while GM
56 Etest MICs were 0.001 mg/L and 0.002 mg/L, respectively. Fluconazole GM BMD MICs
57 were 0.18 mg/L for both phases. For amphotericin B, GM Etest MICs for the yeast- and
58 mould-phases were 0.03 mg/L and 0.01 mg/L. The echinocandins and flucytosine had very
59 limited *in vitro* activity. Treatment and outcome data were available for 37 patients; in a
60 multivariable model including MIC data, only isolation from blood (OR 8.6, 95% CI 1.3 –

61 54.4, $p = 0.02$) or bone marrow (OR 12.1, 95% CI 1.2 – 120.2, $p = 0.03$) (vs. skin biopsy)

62 was associated with death.

63

64 Conclusions: *In vitro* susceptibility data support management of disseminated emmonsiosis

65 with amphotericin B followed by itraconazole, voriconazole or posaconazole. Fluconazole

66 was a relatively less potent agent.

67 **INTRODUCTION**

68

69 The family *Ajellomycetaceae* (within the order *Onygenales*) includes phylogenetically-related
70 dimorphic fungal genera such as *Emmonsia*, *Histoplasma*, *Blastomyces* and *Paracoccidioides*
71 (1). The family was recently reorganized to include a new genus, *Emergomyces*, to
72 accommodate several emerging *Emmonsia*-like fungi causing disseminated disease, mostly
73 among immunocompromised patients worldwide and to address the polyphyletic nature of
74 fungi previously included in the *Emmonsia* genus (2, 3). Unlike *Emmonsia parva* and
75 *Emmonsia crescens*, which cause adiaspiromycosis, fungi within the genus *Emergomyces*
76 cause disseminated emmonsiosis (or emergomycosis), a multi-system disease with a high
77 case fatality (4, 5). In addition, *Emergomyces* differs from classic *Emmonsia* species by
78 producing budding yeasts *in vivo* rather than adiaspores (5, 6). Currently, the genus
79 *Emergomyces* includes at least three species: the type species, *Emergomyces pasteurianus*,
80 which appears to have a cosmopolitan distribution; a rarer species, *Emergomyces orientalis*,
81 reported from China; and *Emergomyces africanus*, a species endemic to southern Africa (2,
82 7). The first case of *E. pasteurianus* was described in an Italian patient with AIDS (8).
83 Thereafter, several reports followed from Spain, China, India and more recently, a single case
84 from South Africa (2, 9-12). *E. orientalis* has been reported only from a single
85 immunocompetent Chinese patient (7). At least two other unnamed species exist within
86 *Emergomyces*, including a strain isolated from lung tissue of a man with rheumatoid arthritis
87 in Germany and two isolates from immunocompromised patients in Canada (2).

88

89 *Emergomyces africanus* was initially described in 2013 as the causative agent of a
90 disseminated mycosis among 13 HIV-infected South African adult patients, most from the
91 Western Cape province (5). Additional cases have since been described in most South

92 African provinces, including KwaZulu-Natal (13-15) (authors' unpublished data). To date,
93 with 86 laboratory-confirmed cases among HIV-infected persons in South Africa, *E.*
94 *africanus* is far more commonly isolated than other well-described endemic pathogens such
95 as *Histoplasma*, *Blastomyces* or *Sporothrix* (authors' unpublished data).

96

97 Patients with disseminated emmonsiosis often present with a syndrome of fever, widespread
98 skin lesions of varying morphologies, pneumonia, anemia, elevated liver enzymes and weight
99 loss (2, 13, 15). Misdiagnosis is common (15). To date, no clinical trial has been conducted
100 to evaluate treatment options for patients with this disease. A retrospective review suggested
101 improved outcomes for patients treated with amphotericin B followed by triazoles compared
102 to those treated with triazoles alone; however, many of the former patients were incidentally
103 prescribed low doses and short courses of fluconazole to treat presumed esophageal
104 candidiasis (15). Nonetheless, authors have recommended treatment with amphotericin B
105 deoxycholate followed by itraconazole for a minimum of 12 months (5, 13-15) pending
106 immune reconstitution, based on Infectious Diseases Society of America (IDSA) guidelines
107 for HIV-associated disseminated histoplasmosis (16, 17).

108

109 We aimed to compare the *in vitro* antifungal susceptibility of the yeast- and mould-phases of
110 *E. africanus* to several antifungal agents using a reference and commercially-available
111 method and to determine if there was an association between MIC and clinical outcome in
112 order to guide clinical management of patients with disseminated emmonsiosis.

113 **MATERIALS AND METHODS**

114 Isolates and case definition: We obtained cultured isolates of *E. africanus* during passive
115 laboratory-based surveillance conducted by NICD from 2008 through to 2016 at nine
116 diagnostic medical public-and private-sector laboratories in South Africa. We defined a case
117 of disseminated emmonsiosis as a patient of any age with an isolate cultured from any
118 normally-sterile site and confirmed as *E. africanus* by phenotypic and molecular methods.
119 We abstracted patient charts to obtain clinical details, which included demographics, history
120 of medical conditions including HIV and co-infections, clinical presentation at time of
121 diagnosis, diagnostic investigations, management and outcome.

122

123 Species confirmation: The identity of 50 stored *E. africanus* was initially confirmed by a
124 detailed description of microscopic and macroscopic characteristics. While *E. africanus* has
125 not yet been formally classified as a BSL3 organism, we prepared all slides and cultures in a
126 class II biosafety cabinet with use of personal protective equipment, including N95 masks.
127 We limited our work with the mould-phase as far as possible. Mould-phase isolates were sub-
128 cultured onto Sabouraud agar (Diagnostic Media Products [DMP] - National Health
129 Laboratory Service, Sandringham, South Africa) and incubated at 25°C and 30°C for up to
130 four weeks. The typical microscopic morphology of the mould phase was observed using a
131 lactophenol cotton blue (DMP) slide preparation: septate hyphae, slender conidiophores at
132 right angles to hyphae and two to three round conidia borne on each conidiophore. To
133 convert the fungus to the yeast phase, a piece of mould obtained from Sabouraud agar was
134 sub-cultured on brain-heart infusion (BHI) + 5% sheep blood agar slope or a BHI agar plate
135 (DMP) and incubated for one to two weeks at 35°C. A Gram stain was prepared to observe
136 the typical morphology of small, oval budding yeast cells. PCR and sequencing of the
137 internal transcribed spacer (ITS) regions of the ribosomal gene was performed using ITS1

138 and ITS4 primers after genomic DNA was extracted from yeast-phase isolates using the
139 Zymo ZR fungal/bacterial DNA MiniPrep Kit (Zymo Research, Irvine, USA). *Candida*
140 *albicans* ATCC 90028 was included as a quality control strain during PCR and sequencing of
141 the ITS region. The sequences were determined using capillary electrophoresis on an ABI
142 3500 genetic analyser (Applied Biosystems, USA). The species-level identity was obtained
143 from NCBI BLAST database based on pairwise sequence alignment
144 (<http://blast.ncbi.nlm.nih.gov/Blast.cgi>).

145

146 Antifungal susceptibility testing: We performed susceptibility testing for both yeast- and
147 mould-phase isolates using a reference broth microdilution (BMD) method and the
148 commercial Etest method (bioMérieux, Marcy, l'Etoile, France). The broth microdilution
149 method was performed according to Clinical and Laboratory Standards Institute (CLSI)
150 approved standards: M27-A3 (for the yeast phase) and M38-A2 (for the mycelial form) with
151 a modified inoculum size for the latter (18, 19). Briefly, the inoculum was prepared from
152 fresh cultures and the turbidity adjusted using a turbidometer to the equivalent of a 1
153 McFarland standard to obtain 2.5×10^3 to 5×10^3 CFU/mL for the yeast phase and a 2
154 McFarland standard to obtain 2.5×10^5 CFU/mL for the mycelial phase. Customised, round-
155 bottomed frozen 96-well microtitre plates, containing two-fold dilution ranges of
156 itraconazole, voriconazole, posaconazole, fluconazole, flucytosine, anidulafungin,
157 caspofungin and micafungin, were immediately inoculated (TREK Diagnostic Systems, Inc.,
158 Cleveland, Ohio, USA). Yeast-phase BMD MIC endpoints were read at 50% inhibition for
159 fluconazole, voriconazole, posaconazole, itraconazole, flucytosine, caspofungin,
160 anidulafungin and micafungin. Mould-phase BMD MIC endpoints were read at 50%
161 inhibition for fluconazole and flucytosine and 100% for voriconazole, posaconazole,
162 itraconazole and amphotericin B. For the mould phase, echinocandin MEC (minimum

163 effective concentration) endpoints were read macroscopically as a lowest concentration that
164 yielded small pellets of granular growth (“microcolonies”) compared to the hyphal-type
165 growth seen in the growth control well (20). Etest MICs for amphotericin B, voriconazole,
166 itraconazole and posaconazole were determined using Roswell Park Memorial Institute
167 (RPMI) 1640 plates containing 2% glucose (DMP) according to the manufacturer’s
168 recommendations. Based on very high echinocandin MICs observed during preliminary
169 testing, Etest MICs were not determined for these agents. Etest MIC endpoints were read as
170 follows: 80% inhibition for voriconazole, posaconazole, itraconazole (i.e. micro-colonies
171 within the elliptical zone of inhibition were ignored) and 100% for amphotericin B. All
172 plates were incubated at 35°C and read by three independent observers at seven days.

173

174 Quality control (QC) strains were included in each test run: *Candida parapsilosis* American
175 Type Culture Collection [ATCC] 22019, *Candida krusei* ATCC 6258 and *E. africanus*
176 National Collection of Pathogenic Fungi [NCPF] 4164 for yeast-phase tests and *Aspergillus*
177 *fumigatus* NCPF 7097, *A. fumigatus* NCPF 7100 and *E. africanus* NCPF 4164 for mycelial-
178 phase tests. The MICs for *C. parapsilosis* ATCC 22019, *C. krusei* ATCC 6258 were within
179 the CLSI-recommended ranges for all runs. Quantitative colony counts were performed to
180 assess the purity and accuracy of the final inoculum. To check the yeast-phase inoculum, we
181 spread 0.02 mL onto a Sabouraud agar plate to determine the number of CFU/mL. Plates
182 were incubated at 35°C and after 7 days, we counted between 50 to 100 colonies. For the
183 mould-phase, we spread 0.002 mL of the inoculum onto the surface of a plate and after
184 incubation, counted up to 500 colonies.

185

186 Statistical methods: We calculated a geometric mean (GM), MIC₅₀ and MIC₉₀ for each MIC
187 distribution. For each antifungal agent and test method, we used a Wilcoxon ranked sum test

188 to compare the MICs generated from yeast- and mould-phase tests. We used a multivariable
189 logistic regression model to assess the association of age, sex, province, CD4+ T-lymphocyte
190 (CD4) count, antiretroviral treatment (ART) history, antifungal treatment, specimen type and
191 antifungal MICs for amphotericin B, itraconazole, voriconazole, posaconazole and
192 fluconazole with patient outcome. All analyses were performed using Stata version 14.0
193 (StataCorp Limited, College Station, Texas, USA). Two-sided p values of <0.05 were
194 considered significant.

195

196 Ethics approval

197 Ethics clearance for the study was obtained from the Health Sciences Research Ethics
198 Committee, University of the Free State, Bloemfontein (13/2016) and the Human Research
199 Ethics Committee of the University of Cape Town (704/2013 and 138/2014).

200 **RESULTS**

201

202 Cases and isolates

203 Fifty-one cases of disseminated emmonsiosis diagnosed from 2008 through to 2016 were
204 included. Fifty-eight per cent (28/48) of the 50 patients infected by *E. africanus* were males
205 with a median age of 35 years (interquartile range (IQR), 30-38). Sixty-nine per cent (31/45)
206 of cases were diagnosed in the Western Cape province, 22% (10/45) in Gauteng, 7% (3/45) in
207 the Free State and 2% (1/45) in the Eastern Cape. Of the 49 *E. africanus* cases with clinical
208 data available, HIV-status could be surmised for 45; all these patients were HIV-infected. Of
209 44 HIV-infected patients with a recorded CD4 count, the median CD4 count was 12 cells/ μ l
210 (IQR, 7-27 cells/ μ l). Of 31 cases with an available ART history, 20 (65%) were ART-
211 experienced and nine (29%) were ART-naïve. Isolates were cultured from skin biopsy
212 (n=23), blood (n=18), bone marrow (n=6), biopsy from an unknown site (n=1) and an
213 unknown specimen (n=1). Demographic and clinical features of *E. africanus* cases with
214 available data are summarized in Table 1.

215

216 Antifungal susceptibility testing for *Emergomyces* isolates

217 All isolates grew sufficiently for MIC determination after seven days of incubation. Tables 2
218 and 3 summarise the MIC/ MEC distribution, range, GM MIC/ MEC, MIC₅₀ and MIC₉₀ for
219 nine antifungal agents and the yeast- and mould-phases of 50 *E. africanus* isolates. The
220 BMD and Etest MICs for itraconazole were relatively higher than those of voriconazole and
221 posaconazole for both the yeast- and mould-phases (Tables 2 and 3). The yeast- and mould-
222 phase GM MICs were not significantly different for fluconazole (BMD MICs: 0.19 mg/L vs.
223 0.18 mg/L; p=0.06), amphotericin B (Etest MICs: 0.03 mg/L vs. 0.01 mg/L; p=0.06) or any
224 other tested antifungal agent/ method [data not shown]. In contrast, the BMD method yielded

225 significantly higher GM MICs than the Etest method for voriconazole (BMD MIC 0.01 mg/L
226 vs. Etest MIC 0.001 mg/L; $p < 0.001$) and posaconazole (BMD MIC 0.01 mg/L vs. Etest MIC
227 0.002 mg/L; $p < 0.001$) for both yeast- and mould-phases. There was no difference between
228 BMD and Etest GM MICs for itraconazole [data not shown].

229

230 MIC distribution and patient outcome

231 Of 51 cases of emmonsiosis, the clinical outcome could be ascertained for 37 (73%) and
232 management was known for 34 (67%). The overall case-fatality ratio was 38% (14/37). Both
233 clinical outcome and management could be ascertained for 33 patients (65%). Of the 23
234 patients who survived, management was known for 22: 18 (82%) were treated with
235 amphotericin B, followed by itraconazole (16), fluconazole (1) or a combination thereof (1);
236 three patients were treated with triazole monotherapy (two received itraconazole and one
237 received a low dose of fluconazole for 14 days); and one received fluconazole for >12
238 months (with possibly amphotericin B). In contrast, management details were available for 11
239 of 14 patients who died (79%): three received amphotericin B, two received triazole
240 monotherapy (one each received itraconazole and low-dose fluconazole), and six received no
241 antifungal treatment. In the multivariable model, only isolation from blood (OR 8.6, 95%CI
242 1.3 – 54.4 , $p = 0.02$) or bone marrow (OR 12.1 , 95%CI 1.2 – 120.2, $p = 0.03$) (vs. skin
243 biopsy) was associated with death (Table 4).

244 **DISCUSSION**

245

246 Thermally-dimorphic fungi in the genus *Emergomyces* have emerged as a cause of
247 disseminated, sometimes fatal disease among HIV-infected South Africans with very low
248 CD4+ T-lymphocyte counts. We have reported the antifungal susceptibility profile of a large
249 series of *E. africanus* isolates. Voriconazole, posaconazole, itraconazole and amphotericin B
250 had the most potent *in vitro* activity against both mould- and yeast-phases of *Emergomyces*.
251 While fluconazole is far more easily accessible to clinicians in the South African public
252 health sector, this agent was less potent than other azoles (21). This confirms earlier findings
253 of an antifungal susceptibility report of six *E. africanus* yeast-phase isolates (5).

254

255 There are no well-standardised methods for MIC determination for thermally-dimorphic
256 fungi (22); nevertheless, *in vitro* activities of polyenes (i.e. amphotericin B), azoles and
257 echinocandins have been established for some of these organisms (23). We used CLSI
258 approved standards as a guide to yeast- and mould-phase testing but used a higher inoculum
259 for the mould-phase and a prolonged incubation period to facilitate growth and endpoint
260 determination, in line with previous studies (5, 22, 24-26). Antifungal susceptibility testing
261 for thermally-dimorphic fungi is often limited to the mould phase, results of which may be
262 misleading because the yeast phase is responsible for human disease (23). We tested both
263 phases using reference and commercial methods and found no statistically significant
264 differences. Although conversion of the mould-phase to the yeast-phase increases turn-
265 around time, there are fewer laboratory safety concerns with the yeast phase versus the
266 potentially infectious mould-phase and so we would recommend that this phase be used for
267 susceptibility testing. In contrast, significantly higher BMD MICs for voriconazole and
268 posaconazole (but not itraconazole) were generated for both phases. Since most isolates had

269 BMD MICs for these agents at or below the lower limit of testing range, we speculate that
270 this difference may have merely been an artefact caused by testing different ranges of
271 antifungal concentrations with the two methods. Therefore, we would recommend that either
272 the Etest or BMD method be used for susceptibility testing. In this study, we also report
273 relatively high MIC₅₀ and MIC₉₀ values for the various echinocandins and flucytosine. These
274 agents are likely of no value in the management of patients with dimorphic fungal infections
275 and need not be included in a susceptibility-testing panel.

276

277 The case fatality was high in our series, and consistent with previous reports (5, 15). Only
278 culture of the fungus from blood or bone marrow (vs. skin biopsy) was significantly
279 associated with death on multivariable analysis. There are two possible explanations for this
280 finding. Firstly, we speculate that a positive blood or bone marrow culture is a proxy for a
281 higher *in vivo* fungal burden. Secondly, isolation from blood or bone marrow alone (and not
282 skin tissue) implies that a skin biopsy may not have been performed and the diagnosis of a
283 deep fungal infection may not have been considered early enough. Antifungal MICs were not
284 associated with outcome in our current series, although a larger study may be needed to
285 detect such an association. Currently there are no published treatment guidelines for patients
286 with disseminated emmonsiosis (14). On the basis of retrospective data and international
287 guidelines for the management of immunocompromised hosts with disseminated disease
288 caused by other dimorphic fungal infections (17, 27, 28), some authors have recommended
289 that patients with suspected disseminated emmonsiosis be treated with amphotericin B
290 followed by an azole (either itraconazole or fluconazole) after reporting good clinical
291 outcomes among patients treated with these agents (15). Among the triazoles, fluconazole is
292 much more accessible in South Africa owing to the fact that this agent is cheaper and
293 included on hospital-level essential medicines lists (versus posaconazole, voriconazole or

294 itraconazole which are far more expensive and require a formal application for procurement
295 by the treating physician). Moreover, itraconazole is sometimes avoided because of
296 interactions with rifampin among patients with co-morbid tuberculosis, and the unavailability
297 of therapeutic drug monitoring in South Africa. Based on the limited *in vitro* susceptibility
298 data presented here, we believe that itraconazole, voriconazole or posaconazole may be
299 superior to fluconazole for the oral step-down phase following amphotericin B therapy for
300 disseminated emmonsiosis.

301

302 This study had some limitations. Clinical data could not be obtained for some patients. We
303 could not exclude the possibility that prescription of antifungals by outside clinicians would
304 evade our data capture and could influence our findings of clinical effect of antifungals. A
305 higher-than-recommended inoculum was used for MIC determination to allow us to read
306 endpoints by 7 days. Despite this, we found very low MICs for most antifungal agents. There
307 are no currently published interpretative clinical breakpoints for any dimorphic fungus,
308 including *Emergomyces*. Nevertheless, given the paucity of published clinical experience
309 with these newly-recognized pathogens, knowledge of *in vitro* MIC data should inform
310 management decisions of clinicians caring for patients with emmonsiosis.

311

312 In conclusion, *in vitro* susceptibility data support management of disseminated emmonsiosis
313 with amphotericin B followed by itraconazole, voriconazole or posaconazole. Fluconazole
314 was a relatively a less potent agent. When indicated for epidemiological purposes in a
315 reference laboratory, we recommend that the yeast phase and either the commercial Etest or a
316 reference BMD method be used to generate MICs for *E. africanus*.

317 **ACKNOWLEDGEMENTS**

318 This work was presented, in part, at the EMBO AIDS related-mycoses meeting, 13-15 July
319 2016, Cape Town, South Africa.

320

321 **AUTHOR CONTRIBUTIONS**

322 Data collection: TGM, ISS, NPG

323 Antifungal susceptibility testing: TGM, TGZ, RSM

324 Data analysis and manuscript writing: TGM, EB, NPG

325 Critical review of manuscript: TGM, ISS, EB, SDN, NPG

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421 **Table 1:** Demographic and clinical features of cases of emergomycosis (disseminated
422 emmonsiosis), n=50

Demographic and clinical features	N*	n (%)
Median age (IQR), years	45	35 (30-38)
Male sex	48	28 (58)
Province	45	
Western Cape		31 (69)
Gauteng		10 (22)
Free State		3 (7)
Eastern Cape		1 (2)
HIV-infected	45	45 (100)
Median CD4 count (IQR), cells/ μl	44	12 (7-27)
Antiretroviral treatment (ART)	31	
ART-naïve		9 (29)
ART-experienced		20 (65)

423 *Denominator varies owing to missing data

424 **Table 2:** Yeast-phase MIC distribution of 50 *E. africanus* clinical isolates

Antifungal agent	Test method	Number of isolates with MIC (mg/L) of:													GM MIC ^a	MIC ₅₀ (mg/L)	MIC ₉₀ (mg/L)	Range	
		≤0.008	0.015	0.03	0.06	0.12	0.25	0.5	1	2	4	8	16	32					≥64
Itraconazole	BMD ^b	36	5	4		5										0.01	0.008	0.008	0.008-0.12
Voriconazole	BMD	45	5													0.01	0.008	0.015	0.008-0.015
Posaconazole	BMD	37	6	3	1	2	1									0.01	0.008	0.03	0.008-0.25
Fluconazole	BMD					28	11	10	1							0.18	0.12	0.5	0.12-1
Caspofungin	BMD				1	1	2	2	25	10	7	2				1.18	1	4	0.06-8
Micafungin	BMD					1	4	1	11	15	9	9				1.85	2	8	0.12-8
Anidulafungin	BMD					1	1		20	24	3	1				1.34	2	2	0.12-8
Flucytosine	BMD									1	1	1	1	46		171.74	256	256	4-256
Amphotericin B	Ettest	13	1	7	11	7	9	1	1							0.03	0.06	0.25	0.002-1
Itraconazole	Ettest	35	5	6	1		3									0.01	0.008	0.03	0.002-0.25
Voriconazole	Ettest	49	1													0.001	0.002	0.002	0.002-0.012
Posaconazole	Ettest	49	1													0.002	0.002	0.006	0.002-0.012

425 ^aGM=Geometric mean; ^bBMD=Broth microdilution

426 **Table 3:** Mould-phase MIC/MEC distribution of 50 *E. africanus* clinical isolates

Antifungal agent	Test method	Number of isolates with MIC/MEC (mg/L) of:														GM MIC ^a	MIC ₅₀ / MEC ₅₀ (mg/L)	MIC ₉₀ / MEC ₉₀ (mg/L)	Range
		≤0.008	0.015	0.03	0.06	0.12	0.25	0.5	1	2	4	8	16	32	≥64				
Itraconazole	BMD ^b	35	4	5	2	1	1	2								0.01	0.008	0.06	0.008-0.5
Voriconazole	BMD	37	5	5	3											0.01	0.008	0.03	0.008-0.06
Posaconazole	BMD	32	8	4	4				2							0.01	0.008	0.06	0.008-1
Fluconazole	BMD					34	8	5	1	1		1				0.18	0.12	0.5	0.12-8
Caspofungin	BMD						3		20	23	3	1				1.67	2	2	0.25-8
Micafungin	BMD			1			1		20	11	13	4				1.72	2	4	0.03-8
Anidulafungin	BMD								13	32	5					1.72	2	2	1-4
Flucytosine	BMD													50	208.42	256	256	64-256	
Amphotericin B	Ettest	24		7	3	6	7	2	1							0.01	0.03	0.25	0.002-1
Itraconazole	Ettest	36	1	10	1		1	1								0.01	0.006	0.03	0.002-0.5
Voriconazole	Ettest	50														0.001	0.002	0.002	0.002-0.008
Posaconazole	Ettest	48	1	1												0.002	0.002	0.004	0.002-0.03

427 ^aGM=Geometric mean; ^bBMD=Broth microdilution

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429 **Table 4:** Patient characteristics associated with outcome, n=37

Variables	Outcome		Univariate analysis		Multivariable analysis	
	Survived n/N (%)	Died n/N (%)	OR (95% CI)	p-value	aOR (95% CI)	p-value
Age						
Median, years (IQR)	33 (28-36)	35 (31-38)	1.0 (0.9 – 1.2)	0.59		
Sex						
Male	15/23 (65.2)	5/14 (35.7)	reference		reference	
Female	8/23 (34.8)	9/14 (64.3)	3.4 (0.8 – 13.6)	0.08	2.14 (0.44 – 10.36)	0.34
Province						
Gauteng	1/22 (4.6)	4/12 (33.3)	reference			
Western Cape	19/22 (86.4)	8/12 (66.7)	0.11 (0.01 – 1.1)	0.06		
Eastern Cape*			-	-		
Free State	2/22 (9.1)	0/12 (0)	-	-		
CD4+ T-lymphocyte count						
Median, cells/ μ l (IQR)	13 (9-32)	14 (6-27)	1.0 (0.98 – 1.04)	0.50		
Antiretroviral treatment (ART)						
ART-naïve	6/21 (28.6)	3/10 (30)	reference			

Variables	Outcome		Univariate analysis		Multivariable analysis	
	Survived n/N (%)	Died n/N (%)	OR (95% CI)	p-value	aOR (95% CI)	p-value
ART-experienced	15/21 (71.4)	7/10 (70)	0.93 (0.17-4.87)	0.94		
Any antifungal treatment						
No	0/22 (0)	6/11 (54.6)	reference			
Yes	22/22 (100)	5/11 (45.5)	1	-		
Specimen type						
Skin biopsy	15/23 (65.2)	2/14 (14.3)	reference		reference	
Blood culture	6/23 (26.1)	8/14 (57.1)	10 (1.62 – 61.47)	0.01	8.57 (1.35 – 54.33)	0.02
Bone marrow aspirate	2/23 (8.7)	4/14 (28.6)	15 (1.58 – 142.18)	0.02	12.1 (1.21 – 120.13)	0.03
Antifungal MIC₅₀						
Amphotericin B (Etest, yeast phase)	0.06	0.06	0.16 (0.001 – 20.82)	0.47		
Posaconazole (BMD, mould phase)	0.008	0.008	1.91 (0.10-34.82)	0.66		
Itraconazole (BMD, mould phase)	0.008	0.008	0.26 (0.0004-140.69)	0.67		
Voriconazole (BMD, mould phase)	0.008	0.008	72.3 (9.89-5.30)	0.87		
Fluconazole (BMD, mould phase)	0.12	0.20	0.75 (0.29-1.92)	0.54		

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