NATIONAL INSTITUTE FOR COMMUNICABLE DISEASES

Division of the National Health Laboratory Service

Weekly Influenza and Respiratory Syncytial Virus Surveillance Report

Week 19, 2019

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Programme	Influenza-like illness (ILI)	Viral Watch	National syndromic surveillance for pneumonia	Private hospital consultations
Start year	2012	1984	2009	2002
Provinces*	KZ	EC	GP	EC
	NW	FS	KZ	FS
	WC**	KZ	MP	GP
		GP	NW	LP
		LP	WC	MP
		MP		NW
		NC		WC
		NW		
		WC		
Type of site	Primary health care clinics	General practitioners	Public hospitals	Private hospitals
Case definition	An acute respiratory	An acute respiratory	Acute or chronic	ICD codes J10-J18
	illness with a	illness with a	lower respiratory	
	temperature (≥38°C)	temperature (≥38°C)	tract infection	
	and cough, & onset	and cough, & onset		
	≤10 days	≤10 days		
Specimens	Oropharyngeal &	Throat and/or nasal	Oropharyngeal &	Not applicable
collected	nasopharyngeal	swabs or	nasopharyngeal	
	swabs	Nasopharyngeal	swabs	
		swabs		
Main	INF	INF	INF	Not applicable
pathogens	RSV	RSV	RSV	
tested***	BP	BP	BP	

### **Programme Descriptions**

#### **Epidemic Threshold**

Thresholds are calculated using the Moving Epidemic Method (MEM), a sequential analysis using the R Language, available from: http://CRAN.R-project.org/web/package=mem) designed to calculate the duration, start and end of the annual influenza epidemic. MEM uses the 40th, 90th and 97.5th percentiles established from available years of historical data to calculate thresholds of activity. Thresholds of activity for influenza and RSV are defined as follows: Below seasonal threshold, Low activity, Moderate activity, High activity, Very high activity. For influenza, thresholds from outpatient influenza like illness (Viral Watch Programme) are used as an indicator of disease transmission in the community and thresholds from pneumonia surveillance are used as an indicator of impact of disease.

\* EC: Eastern Cape; FS: Free State; GP: Gauteng; KZ: KwaZulu-Natal; LP: Limpopo; MP: Mpumalanga: NC: Northern Cape; NW: North West; WC: Western Cape

\*\*Started in 2019

\*\*\*INF: influenza virus; RSV: respiratory syncytial virus; BP: Bordetella pertussis;

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### **Comments:**

#### Influenza

The 2019 season has started in week 18 (first week of May) when influenza detection in the Viral Watch programme rose above the seasonal threshold, as determined by the Moving Epidemic Method.

ILI programme: In 2019 to date, specimens from 633 patients were received from 3 ILI sites. Influenza was detected in 28 specimens, 11 were identified as influenza A(H1N1)pdm09 and 17 as influenza A(H3N2). Viral Watch programme: During the same period, specimens were received from 196 patients from Viral Watch sites in 8 provinces. Influenza was detected in 70 patients, of which 11 were influenza A(H1N1)pdm09 and 59 influenza A(H3N2). Of these, five gave a history of travel to the Northern Hemisphere.

Pneumonia surveillance: In this time period, specimens from 1634 patients with severe respiratory illness (SRI) were received from the 6 sentinel sites. Influenza was detected in 19 patients, influenza A(H1N1)pdm09 in three, influenza A(H3N2) in 15, and influenza B(Yamagata) in one.

#### **Respiratory syncytial virus**

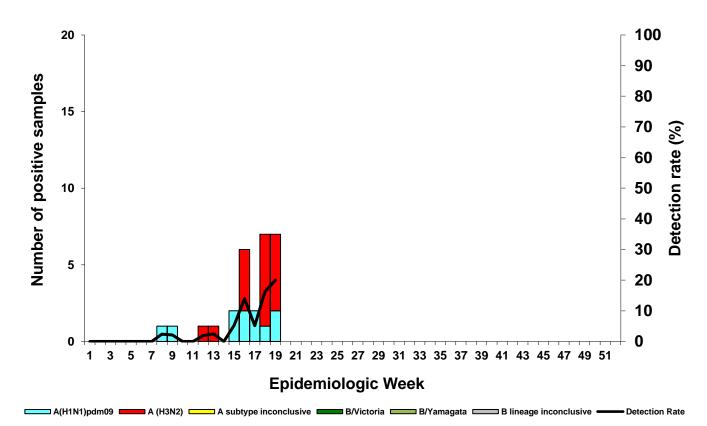
The 2019 RSV season started in week 8 (week starting 18 February) when RSV detections in pneumonia surveillance rose above the seasonal threshold, as determined by the Moving Epidemic Method. In 2019 to date, RSV has been detected in the specimens of 73 patients in the ILI programme, 478 patients in the pneumonia surveillance programme and in five patients in the Viral Watch programme. The detection rate for RSV is going down in all programmes following a peak in week 17 (week starting 29 April) in the pneumonia surveillance programme.

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## Influenza-like illness (ILI) surveillance primary health care clinics

#### Figure 1. Number of positive samples\* by influenza subtype and lineage and detection rate\*\* by week



\*Specimens from patients with influenza-like illnesses at 3 sentinel sites in 3 provinces \*\*Only reported for weeks with >10 specimens submitted

Inconclusive: insufficient viral load in sample and unable to characterise further

## Table 1. Cumulative number of influenza subtype and lineage and total number of samples tested by clinic and province

Clinic (Province)	A(H1N1)pdm09	A(H3N2)	A subtype inconclusive	B/Victoria	B/Yamagata	B lineage inconclusive	Total samples
Edendale Gateway Clinic (KZ)							33
Jouberton Clinic (NW)	1						191
Mitchell's Plain Clinic (WC)	10	17					409
Total:	11	17					633

KZ: KwaZulu-Natal; NW: North West; WCP: Western Cape

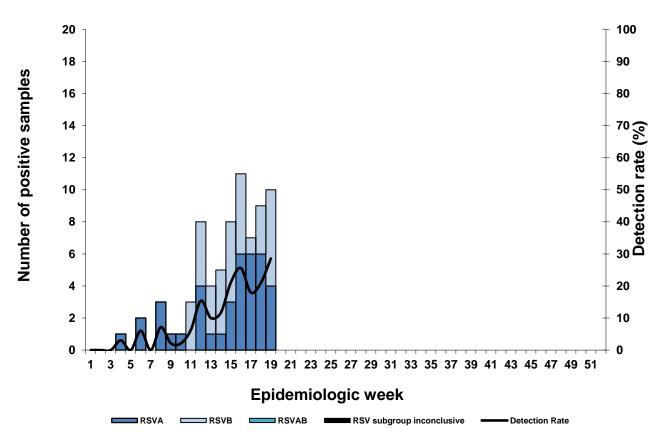
Inconclusive: insufficient viral load in sample and unable to characterise further

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### Influenza-like illness (ILI) surveillance primary health care clinics





Inconclusive: insufficient viral load in sample and unable to characterise further RSV AB: Both RSV A and B subgroup identified

## Table 2. Cumulative number of respiratory syncytial virus subgroups identified and total number of samples tested by clinic and province

Clinic (Province)	RSVA	RSVB	RSVAB	RSV subgroup inconclusive	Total samples
Edendale Gateway Clinic (KZ)	5				33
Jouberton Clinic (NW)	18				191
Mitchell's Plain Clinic (WC)	16	34			409
Total	39	34			633

KZ: KwaZulu-Natal; NW: North West; WC: Western Cape

Inconclusive: insufficient viral load in sample and unable to characterise further

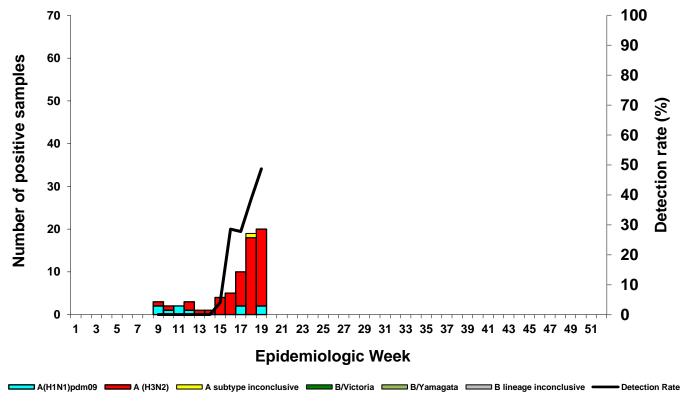
RSV AB: Both RSV A and B subgroup identified

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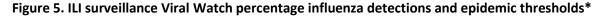
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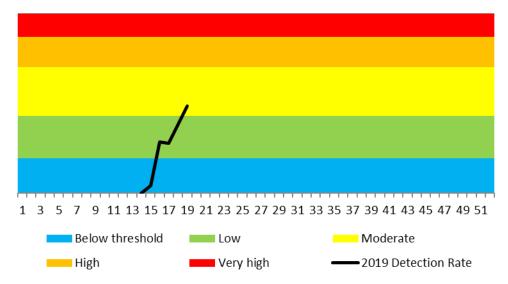
### Influenza-like illness (ILI) surveillance Viral Watch

#### Figure 4. Number of positive samples\* by influenza subtype and lineage and detection rate\*\* by week



\*Specimens from patients with Influenza-like illnesses at 90 sentinel sites in 8 provinces \*\* Only reported for weeks with >10 specimens submitted. Inconclusive: insufficient viral load in sample and unable to characterise further





\*Thresholds based on 2008-2018 data (Excluding 2009)

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### Table 4. Cumulative number of influenza subtype and lineage and total number of samples tested by province

Province	A(H1N1)pdm09	A(H3N2)	A subtype inconclusive	B/Victoria	B/Yamagata	B lineage inconclusive	Total samples
Eastern Cape		1					6
Free State		1					2
Gauteng	2	13					79
Limpopo							2
Mpumalanga	1	1					9
North West							0
Northern Cape							0
Western Cape	8	43					98
Total:	11	59					196

Inconclusive: insufficient viral load in sample and unable to characterise further

From 01 January 2019 to date, 17 patients were tested for influenza at the time of entry into South Africa following travel abroad and 1 tested influenza A(H1N1)pdm09 positive.

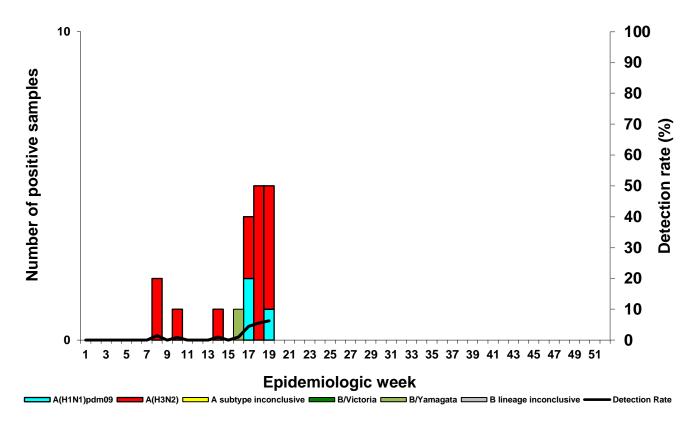
Patients known to have acquired influenza abroad are not included in the table or epidemiological curve.

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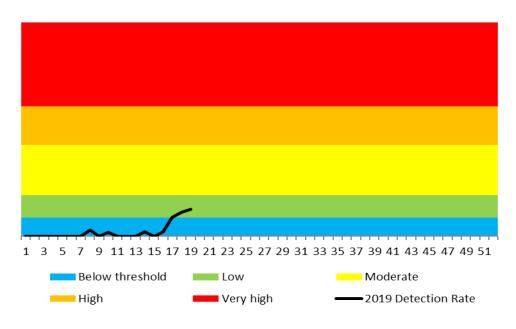
### National syndromic surveillance for pneumonia

#### Figure 6. Number of positive samples\* by influenza subtype and lineage and detection rate\*\* by week



\*Specimens from patients hospitalised with pneumonia at 6 sentinel sites in 5 provinces \*\*Only reported for weeks with >10 specimens submitted Inconclusive: insufficient viral load in sample and unable to characterise further

## Figure 7. National syndromic surveillance for pneumonia percentage influenza detections and epidemic thresholds\*



\*Thresholds based on 2010-2018 data

Data are provisional as reported to date (Data for this report drawn on 15/05/2019). Number of consultations/specimens are reported/analysed by date of consultation/specimen collection.

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# Table 5. Cumulative number of identified influenza subtype and lineage and total number of samples testedby hospital

Hospital (Province)	A(H1N1)pdm09	A(H3N2)	A subtype inconclusive	B/Victoria	B/Yamaga ta	B lineage inconclusive	Total samples
Edendale (KZ)							337
Helen Joseph-Rahima Moosa (GP)	1	2					426
Klerksdorp-Tshepong (NW)							207
Mapulaneng-Matikwana (MP)		1			1		181
Red Cross (WC)		9					357
Mitchell's Plain (WC)	2	3					126
Total:	3	15			1		1634

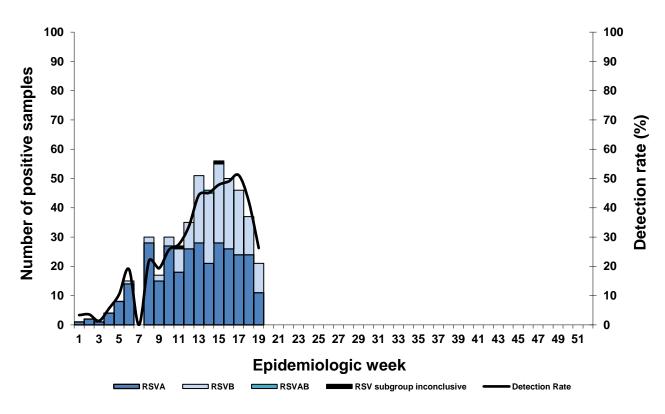
GP: Gauteng; KZ: KwaZulu-Natal; NW: North West; MP: Mpumalanga; WC: Western Cape Inconclusive: insufficient viral load in sample and unable to characterise further

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#### National syndromic surveillance for pneumonia

# Figure 8. Number of samples testing positive for respiratory syncytial virus by subgroup and detection rate by week



Inconclusive: insufficient viral load in sample and unable to characterise further RSV AB: Both RSV A and B subgroup identified

# Table 6: Cumulative number of respiratory syncytial virus subgroups identified and total number of samplestested by hospital

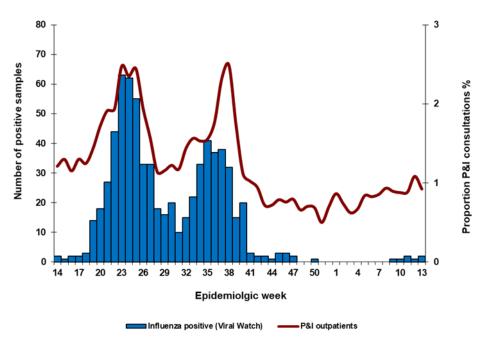
Hospital (Province)	RSVA	RSVB	RSVAB	RSV subgroup inconclusive	Total samples
Edendale (KZ)	119	5			337
Helen Joseph-Rahima Moosa (GP)	86	39	1		426
Klerksdorp-Tshepong (NW)	16	3			207
Mapulaneng-Matikwana (MP)	39				181
Red Cross (WC)	32	89		2	357
Mitchell's Plain (WC)	14	32			126
Total:	306	168	1	2	1634

GP: Gauteng; KZ: KwaZulu-Natal; NW: North West; MP: Mpumalanga; WC: Western Cape Inconclusive: insufficient viral load in sample and unable to characterise further RSV AB: Both RSV A and B subgroup identified

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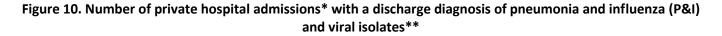
Reporting period 02/04/2018 to 31/03/2019 Results until end of epidemiologic week 13(2019) Private hospital consultations

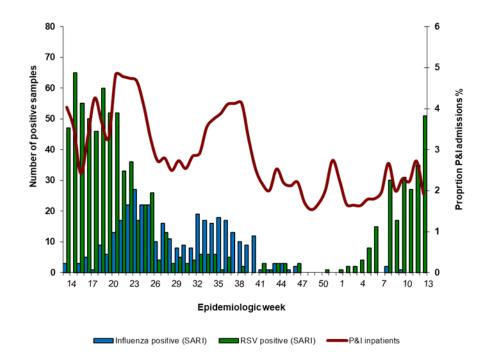
Figure 9. Number of private hospital outpatient consultations\* with a diagnosis of pneumonia and influenza (P&I) and viral isolates\*\*



\* Hospital outpatient data from weekly reports of consultations to the Netcare hospital group. Discharge diagnosis is according to International Statistical Classification of Diseases and Related Health Problems coding by clinicians and does not represent laboratory confirmation of aetiology

\*\* Influenza positive specimens from the Viral Watch surveillance programme





\*Hospitalisation admission data from weekly reports of consultations to the Netcare hospital group. Discharge diagnosis is according to International Statistical Classification of diseases and Related Health Problems/ ICD by clinicians and does not represent laboratory confirmation of aetiology \*\* Influenza positive specimens from the national syndromic surveillance for pneumonia.

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