Week 37, 2019

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### **Programme Descriptions**

Programme	Influenza-like illness (ILI)	Viral Watch	National syndromic surveillance for pneumonia	Private hospital consultations
Start year	2012	1984	2009	2002
Provinces*	KZ	EC	GP	EC
	NW	FS	KZ	FS
	WC**	GP	MP	GP
		LP	NW	LP
		MP	WC	MP
		NC		NW
		NW		WC
		WC		
Type of site	Primary health care clinics	General practitioners	Public hospitals	Private hospitals
Case definition	An acute respiratory illness with a temperature (≥38°C) and cough, & onset ≤10 days	An acute respiratory illness with a temperature (≥38°C) and cough, & onset ≤10 days	Acute or chronic lower respiratory tract infection	ICD codes J10-J18
Specimens collected	Oropharyngeal & nasopharyngeal swabs	Throat and/or nasal swabs or Nasopharyngeal swabs	Oropharyngeal & nasopharyngeal swabs	Not applicable
Main	INF	INF	INF	Not applicable
pathogens	RSV	RSV	RSV	
tested***	ВР	BP	ВР	

### **Epidemic Threshold**

Thresholds are calculated using the Moving Epidemic Method (MEM), a sequential analysis using the R Language, available from: http://CRAN.R-project.org/web/package=mem) designed to calculate the duration, start and end of the annual influenza epidemic. MEM uses the 40th, 90th and 97.5th percentiles established from available years of historical data to calculate thresholds of activity. Thresholds of activity for influenza and RSV are defined as follows: Below seasonal threshold, Low activity, Moderate activity, High activity, Very high activity. For influenza, thresholds from outpatient influenza like illness (Viral Watch Programme) are used as an indicator of disease transmission in the community and thresholds from pneumonia surveillance are used as an indicator of impact of disease.

<sup>\*</sup> EC: Eastern Cape; FS: Free State; GP: Gauteng; KZ: KwaZulu-Natal; LP: Limpopo; MP: Mpumalanga: NC: Northern Cape; NW: North West; WC: Western Cape

<sup>\*\*</sup>Started in 2019

<sup>\*\*\*</sup>INF: influenza virus; RSV: respiratory syncytial virus; BP: Bordetella pertussis

Reporting period 01/01/2019 to 15/09/2019

Results until end of epidemiologic week 37 (2019)

#### **Comments:**

#### Influenza

The 2019 season started in week 16 (week ending 21 April) when influenza detection in the Viral Watch programme rose above the seasonal threshold, as determined by the Moving Epidemic Method. The season ended in week 33 (week ending 18 August) after which transmission dropped below seasonal threshold levels.

ILI programme: In 2019 to date, specimens from 1352 patients were received from 4 ILI sites. Influenza was detected in 152 specimens, 23 (15%) were identified as influenza A(H1N1)pdm09, 126 (83%) as influenza A(H3N2) and three (2%) A subtype inconclusive.

Viral Watch programme: During the same period, specimens were received from 1300 patients from Viral Watch sites in 7 provinces. Influenza was detected in 774 patients, of which 46 (6%) were influenza A(H1N1)pdm09, 715 (92%) influenza A(H3N2), 15 (2%) A subtype inconclusive, one (<1%) influenza B(Victoria) and one (<1%) influenza B(Yamagata). The above breakdown by type and subtype includes four patients testing dual positive for influenza: three were dual positive for influenza A(H1N1)pdm09 and A(H3N2) in week 25 and one dual positive for influenza A(H3N2) and influenza B(Yamagata) in week 27.

Pneumonia surveillance: Since the beginning of 2019, specimens from 3308 patients with severe respiratory illness (SRI) were received from the 6 sentinel sites. Influenza was detected in 216 patients, of which 14 (6%) were influenza A(H1N1)pdm09, 194 (90%) influenza A(H3N2), seven (3%) A subtype inconclusive, one (<1%) influenza B(Victoria) and one (<1%) influenza B(Yamagata). This includes one dual positive patient for influenza A(H1N1)pdm09 and A(H3N2) in week 21.

#### Respiratory syncytial virus

The 2019 RSV season which started in week 8 (week starting 18 February) when RSV detections in pneumonia surveillance rose above the seasonal threshold as determined by the Moving Epidemic Method ended in week 25 (week starting 17 June). However, sporadic detections of RSV are still being made.

In 2019 to date, 1352 specimens were tested and RSV was detected in specimens of 143 (11%) patients in ILI programme.

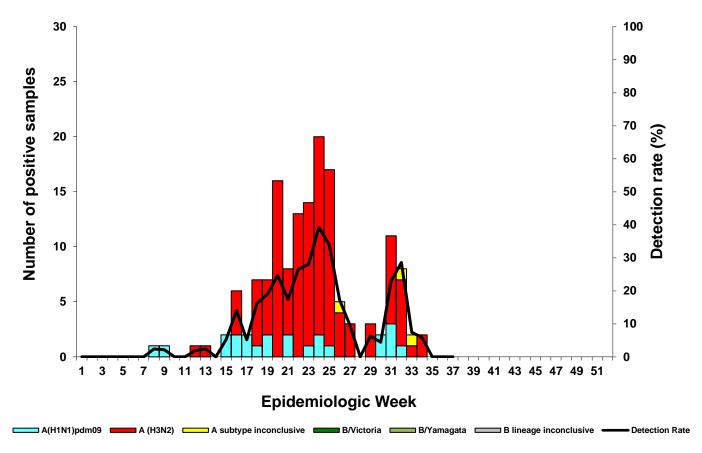
Pneumonia surveillance: 3308 specimens were tested and RSV was detected in specimens of 769 (23%) patients. Viral Watch programme: 1300 specimens were tested and RSV was detected in specimens of 30 (2%) patients.

Reporting period 01/01/2019 to 15/09/2019

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### Influenza-like illness (ILI) surveillance primary health care clinics

Figure 1. Number of positive samples\* by influenza subtype and lineage and detection rate\*\* by week



<sup>\*</sup>Specimens from patients with influenza-like illnesses at 3 sentinel sites in 3 provinces

Table 1. Cumulative number of influenza subtype and lineage and total number of samples tested by clinic and province

Clinic (Province)	A(H1N1)pdm09	A(H3N2)	A subtype inconclusive	B/Victoria	B/Yamagata	B lineage inconclusive	Total samples
Eastridge (WC)	16	55	0	0	0	0	711
Edendale Gateway (KZ)	3	22	3	0	0	0	105
Jouberton (NW)	2	44	0	0	0	0	446
Mitchell's Plain (WC)	2	5	0	0	0	0	90
Total:	23	126	3	0	0	0	1352

KZ: KwaZulu-Natal; NW: North West; WCP: Western Cape

Inconclusive: insufficient viral load in sample and unable to characterise further

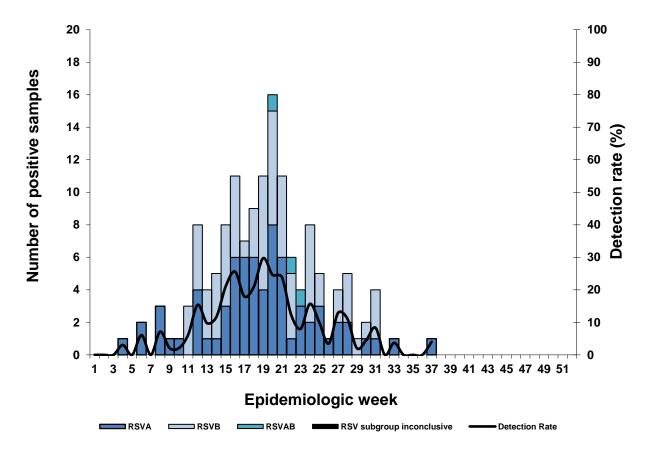
<sup>\*\*</sup>Only reported for weeks with >10 specimens submitted Inconclusive: insufficient viral load in sample and unable to characterise further

Reporting period 01/01/2019 to 15/09/2019

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### Influenza-like illness (ILI) surveillance primary health care clinics

Figure 2. Number of samples testing positive for respiratory syncytial virus by subgroup and detection rate by week



Inconclusive typing: insufficient viral load in sample and unable to characterise further RSV AB: Both RSV A and B subgroup identified

Table 2. Cumulative number of respiratory syncytial virus subgroups identified and total number of samples tested by clinic and province

Clinic (Province)	RSVA	RSVB	RSVAB	RSV subgroup inconclusive	Total samples
Eastridge (WC)	28	64	2	0	711
Edendale Gateway (KZ)	5	0	0	0	105
Jouberton (NW)	38	0	1	0	446
Mitchell's Plain (WC)	0	5	0	0	90
Total	71	69	3	0	1352

KZ: KwaZulu-Natal; NW: North West; WC: Western Cape

Inconclusive: insufficient viral load in sample and unable to characterise further

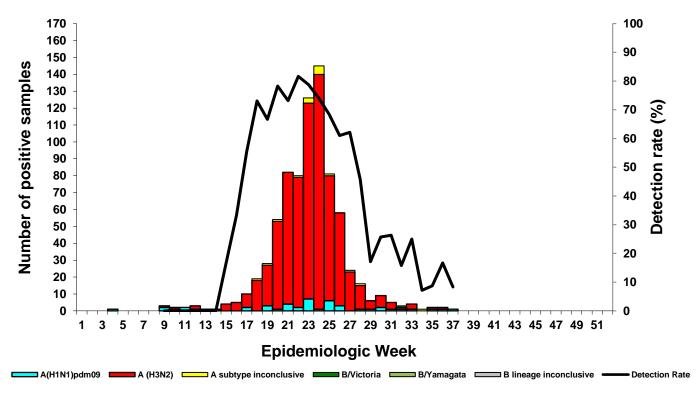
RSV AB: Both RSV A and B subgroup identified

Reporting period 01/01/2019 to 15/09/2019

Results until end of epidemiologic week 37 (2019)

### Influenza-like illness (ILI) surveillance Viral Watch

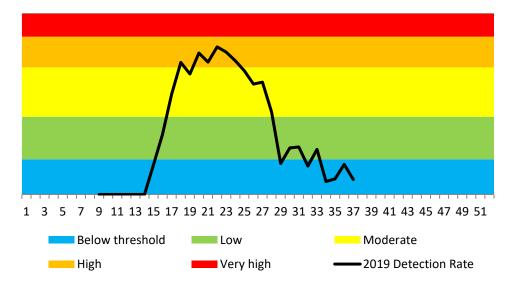
Figure 3. Number of positive samples\* by influenza subtype and lineage and detection rate\*\* by week



<sup>\*</sup>Specimens from patients with Influenza-like illnesses at 90 sentinel sites in 8 provinces

Inconclusive typing: insufficient viral load in sample and unable to characterise further Dual positives are included in the graph cumulatively

Figure 4. ILI surveillance Viral Watch percentage influenza detections and epidemic thresholds\*



<sup>\*</sup>Thresholds based on 2008-2018 data (Excluding 2009)

<sup>\*\*</sup> Only reported for weeks with >10 specimens submitted.

Reporting period 01/01/2019 to 15/09/2019

Results until end of epidemiologic week 37 (2019)

Table 3. Cumulative number of influenza subtype and lineage and total number of samples tested by province

Province	A(H1N1)pdm09	A(H3N2)	A subtype inconclusive	B/Victoria	B/Yamagata	B lineage inconclusive*	Total samples
Eastern Cape	2	48	3	0	0	0	67
Free State	1	53	0	0	0	0	75
Gauteng	12	373	8	0	1	0	663
Limpopo	2	31	0	0	0	0	48
Mpumalanga	5	28	1	0	0	0	76
North West	0	4	0	0	0	0	8
Western Cape	24	178	3	1	0	0	363
Total:	46	715	15	1	1	0	1300

<sup>\*</sup>Inconclusive: insufficient viral load in sample and unable to characterise further Included in the table are 3 specimens dual positive for influenza A(H1N1)pdm01 & influenza A(H3N2) in week 25 and one specimen dual positive for influenza A(H3N2) & influenza B(Yamagata) in week 27

From 01 January 2019 to date, 35 patients were tested for influenza at the time of entry into South Africa following travel abroad and influenza was detected in five patients, of which one influenza A(H1N1)pdm09, two influenza A(H3N2), one influenza A (subtype inconclusive) and one influenza B (lineage inconclusive).

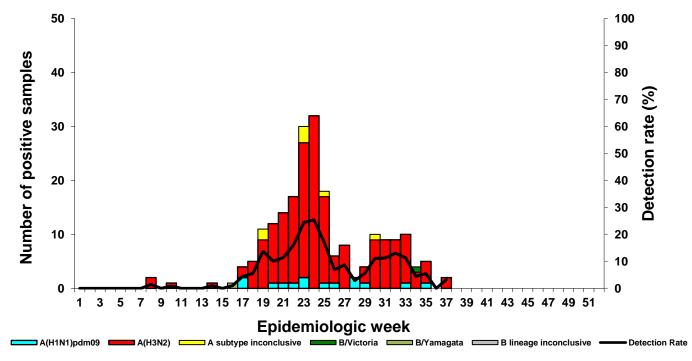
Patients known to have acquired influenza abroad are not included in the table or epidemiological curve.

Reporting period 01/01/2019 to 15/09/2019

Results until end of epidemiologic week 37 (2019)

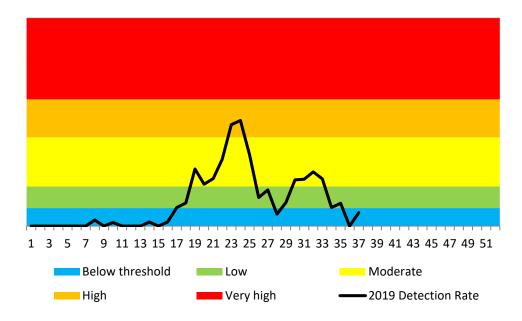
### National syndromic surveillance for pneumonia

Figure 5. Number of positive samples\* by influenza subtype and lineage and detection rate\*\* by week



<sup>\*</sup>Specimens from patients hospitalised with pneumonia at 6 sentinel sites in 5 provinces

Figure 6. National syndromic surveillance for pneumonia percentage influenza detections and epidemic thresholds\*



<sup>\*</sup>Thresholds based on 2010-2018 data

<sup>\*\*</sup>Only reported for weeks with >10 specimens submitted Inconclusive: insufficient viral load in sample and unable to characterise further Dual positives are included in the graph cumulatively

Reporting period 01/01/2019 to 15/09/2019

Results until end of epidemiologic week 37 (2019)

Table 4. Cumulative number of identified influenza subtype and lineage and total number of samples tested by hospital

Hespital (Province)		B lineage	Total				
Hospital (Province)	A(H1N1)pdm09	A(H3N2)	inconclusive	B/Victoria	B/Yamagata	inconclusive*	samples
Edendale (KZ)	7	32	2	0	0	0	559
Helen Joseph-Rahima Moosa (GP)	0	36	2	1	0	0	779
Klerksdorp-Tshepong (NW)	0	50	0	0	0	0	491
Mapulaneng-Matikwana (MP)	2	29	0	0	1	0	348
Red Cross (WC)	3	32	1	0	0	0	850
Mitchell's Plain (WC)	2	15	2	0	0	0	281
Total:	14	194	7	1	1	0	3308

GP: Gauteng; KZ: KwaZulu-Natal; NW: North West; MP: Mpumalanga; WC: Western Cape

From the influenza positive specimens reflected on the above table we detected one specimen dual positive for influenza A(H1N1)pdm01 & influenza A(H3N2) in week 21

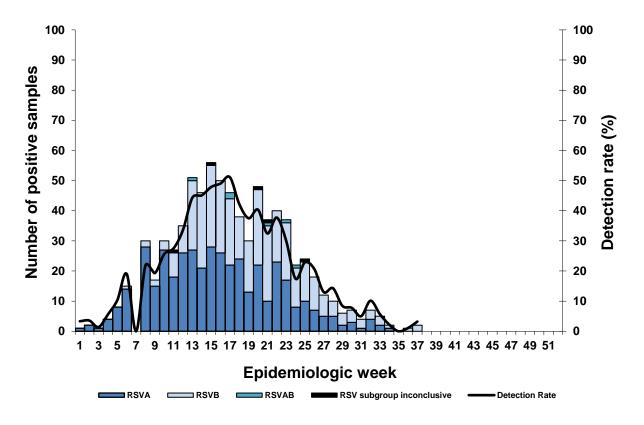
<sup>\*</sup>Inconclusive: insufficient viral load in sample and unable to characterise further

Reporting period 01/01/2019 to 15/09/2019

Results until end of epidemiologic week 37 (2019)

### National syndromic surveillance for pneumonia

Figure 7. Number of samples testing positive for respiratory syncytial virus by subgroup and detection rate by week



Inconclusive: insufficient viral load in sample and unable to characterise further RSV AB: Both RSV A and B subgroup identified

Table 5: Cumulative number of respiratory syncytial virus subgroups identified and total number of samples tested by hospital

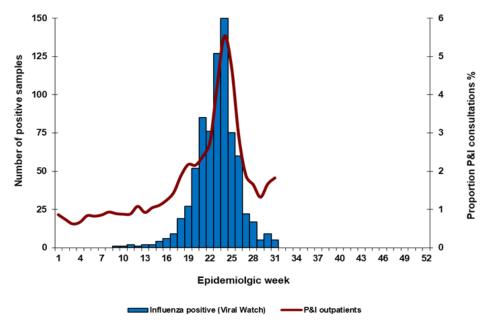
Hospital (Province)	RSVA	RSVB	RSVAB	RSV subgroup inconclusive	Total samples
Edendale (KZ)	123	5	0	1	559
Helen Joseph-Rahima Moosa (GP)	108	60	2	0	779
Klerksdorp-Tshepong (NW)	50	8	0	1	491
Mapulaneng-Matikwana (MP)	54	1	0	0	348
Red Cross (WC)	69	212	4	3	850
Mitchell's Plain (WC)	21	47	0	0	281
Total:	425	333	6	5	3308

GP: Gauteng; KZ: KwaZulu-Natal; NW: North West; MP: Mpumalanga; WC: Western Cape Inconclusive: insufficient viral load in sample and unable to characterise further RSV AB: Both RSV A and B subgroup identified

Reporting period 01/01/2019 to 04/08/2019 Results until end of epidemiologic week 31 (2019)

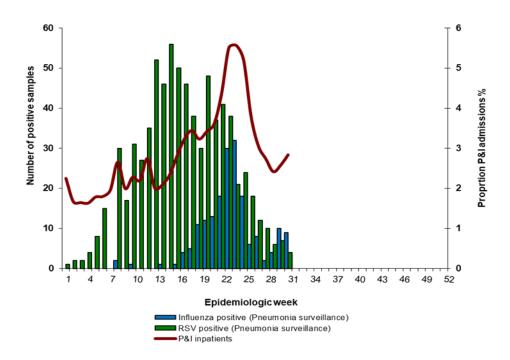
Private hospital consultations

Figure 8. Number of private hospital outpatient consultations\* with a diagnosis of pneumonia and influenza (P&I) and viral isolates\*\*



<sup>\*</sup> Hospital outpatient data from weekly reports of consultations to the Netcare hospital group. Discharge diagnosis is according to International Statistical Classification of Diseases and Related Health Problems coding by clinicians and does not represent laboratory confirmation of aetiology

Figure 9. Number of private hospital admissions\* with a discharge diagnosis of pneumonia and influenza (P&I) and viral isolates\*\*



<sup>\*</sup>Hospitalisation admission data from weekly reports of consultations to the Netcare hospital group. Discharge diagnosis is according to International Statistical Classification of diseases and Related Health Problems/ ICD by clinicians and does not represent laboratory confirmation of aetiology \*\* Influenza positive specimens from the national syndromic surveillance for pneumonia.

<sup>\*\*</sup> Influenza positive specimens from the Viral Watch surveillance programme