

SOUTH AFRICA WEEK 32 2020

CUMULATIVE DATA FROM



2020





PROVINCES AT LIMPOPO 176.3 A GLANCE GAUTENG **NORTH WEST** 21 837 IN TOTAL **NORTHERN CAPE WESTERN CAPE** 99 959 IN TOTAL 1 460.5 /100,000* 868.7 /100,000* **EASTERN CAPE** 28 370 IN TOTAL 1 227.6 /100,000*

* Incidence risk - cases per 100 000 persons
** based on samples collected/received in current reporting

WEEK 32 2020

SUMMARY

Overview of report

Disease surveillance is a core function of the National Institute for Communicable Diseases (NICD), a division of the National Health Laboratory Service (NHLS). This report summarises data from a national laboratory-based surveillance system that is used to monitor the coronavirus disease 2019 (COVID-19) pandemic in South Africa. This report is based on data collected up to 8 August 2020 (week 32 of 2020). Note: COVID-19 is the name of the disease and SARS-CoV-2 is the name of the virus. Trends in numbers of new cases by province and age group may be affected by changes in testing practice and delays in testing of specimens. The numbers reported may change as more data becomes available.

Highlights

- As of 8 August 2020, a total of 559 858 laboratory-confirmed COVID-19 cases had been detected in South Africa. Of these, 48 375 were cases reported since the last report. The number of new cases detected in week 32 (32 714), was lower than the number of new cases detected in week 31 (43 532).
- An additional 2042 deaths were reported since the last report. The overall case-fatality ratio was 1.9% (10 408/559 858).
- In the past week, Gauteng Province reported the highest percentage of new cases (9720/32 714, 29.7%), followed by KwaZulu-Natal Province (7968/32 714; 24.4%), and Free State Province (3712/32 714, 11.3%).
- Northern Cape Province was the only province showing an increase in weekly incidence risk in the past week as compared to week 31 (67 vs 73 cases per 100 000 persons).
- All other provinces reported a decline in weekly incidence risk; the decrease in weekly incidence risk varied in magnitude, with Gauteng reporting the largest decline (95 vs 64 cases per 100 000 persons) followed by Free State (154 vs 129 cases per 100 000 persons).
- The estimated doubling time of the five provinces reporting the majority of cases continues to increase: 93.6 days in Western Cape Province, 46.1 days in Gauteng Province, 72.1 days in Eastern Cape Province and 25.7 days in KwaZulu-Natal Province and 15.8 days in Free State Province.
- In the past week, Free State Province reported the highest weekly incidence risk (128.6 cases per 100 000 persons) followed by Gauteng Province (64.0 cases per 100 000 persons).
- The age and sex distribution of cases remained the same compared to previous weeks with a majority of females (58.1%, 323 120/559 858) and the highest percentage in the 35-39-year age group (72 356/559 858, 12.9%) followed closely by the 30-34-year age group (70 871/559 858, 12.7%).
- The cumulative incidence risk has remained consistently higher among females (1073.4 cases per 100 000 persons) than among males (811.1 cases per 100 000 persons).

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Methods

Testing for SARS-CoV-2 began on 28 January 2020 at the NICD and after the first case was confirmed in early March 2020, testing was expanded to a larger network of private and NHLS laboratories. Respiratory specimens were submitted from persons under investigation (PUI). Initially, tested individuals were those who had travelled to countries with COVID-19 transmission but the PUI definition was changed over time. Community symptom screening and referral for PCR testing was implemented in April 2020 but the strategy was changed to a more targeted approach in May 2020. Community screening was largely discontinued and testing efforts then focussed on areas identified as hot spots and on investigating clusters. Contacts of cases were traced and tested if symptomatic. In some provinces and in certain circumstances (e.g. closed settings, workplaces), asymptomatic contacts were tested. In recent weeks, testing has been prioritised for healthcare workers and hospitalised patients. Laboratories used any one of several in-house and commercial PCR assays to test for the presence of SARS-CoV-2 RNA. We excluded specimens collected outside South Africa. Date of specimen receipt in the laboratory was used when date of specimen collection was missing. A case of COVID-19 was defined as any person, resident in South Africa, with a single positive SARS-CoV-2 PCR test. We used 2019 mid-year population estimates from Statistics South Africa to calculate the incidence risk (cumulative or weekly incidence), expressed as cases per 100 000 persons. Aggregate data on the number of deaths by province were obtained from the Department of Health. Data on number of tests conducted in the past week as reported in the simultaneously-published COVID-19 weekly testing report was used to calculate tests conducted per 100 000 population. We estimated the time-varying (weekly) doubling time of the COVID-19 epidemic for the provinces with sufficient data and from weeks with sufficient number of cases and complete data (week 12 to the week before the current reporting period). The unit of analysis (epidemiological week) was defined from Sunday to the following Saturday. We first estimated the weekly growth rate of the epidemic by fitting a linear regression model to the logarithm of the daily cumulative number of laboratory-confirmed COVID-19 cases. We then estimated the doubling time for each week using the following formula log(2)/gr (where gr is the estimated weekly growth rate). An increase in the doubling time may suggest a slowing of transmission but this may also be affected by changes in testing strategy or care seeking. Until the week 29 report, new cases were defined as all cases reported since the last report, irrespective of when the sample was collected. Subsequent to the week 29 report, new cases are now defined as cases detected in the past epidemiologic week based on date of sample collection or sample receipt. It is therefore possible for numbers reported as new cases for the current reporting week not to tally with total additional cases reported since the last report. This will be the case when there was a delay in reporting of cases.

National and provincial trends of COVID-19 cases in South Africa

As of 8 August 2020, a total of 559 858 laboratory-confirmed COVID-19 cases were reported in South Africa. This is 48 375 more cases than the number reported in the last report. The number of new cases detected in week 32 (32 714) was lower than the number of new cases detected in week 31 (43 532). In the past week, Gauteng Province reported the highest percentage of new cases (9 720/ 32 714, 29.7 %), followed by KwaZulu-Natal Province (7 968/ 32 714; 24.4%), and Free State Province (3 712/32 714, 11.3%) (Table 1). Four provinces, Gauteng Province (192 767/559 858, 34.4%), followed by Western Cape (99 959/559 858, 17.9%), KwaZulu-Natal (98 068/559 858,17.5%) and Eastern Cape (82 401/559 858, 14.7%) provinces continued to contribute the majority (473 195/559 858, 84.5%) of total COVID-19 cases in South Africa. The province with the greatest increase in percentage contribution since week 31 was KwaZulu-Natal Province (1.5%). The percentage contribution for Eastern Cape, Gauteng and Western Cape provinces decreased by 1%, and

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increased by 0.5% for Free State and Mpumalanga provinces from week 31.

In keeping with previous weeks, the Western Cape Province had the highest cumulative incidence risk (1460.5 cases per 100 000 persons); with Gauteng Province (1270.2 cases per 100 000 persons) and the Eastern Cape Province (1227.3.1 cases per 100 000 persons) with the second and third highest cumulative incidence risk, respectively. The Limpopo Province remains the province with the lowest cumulative incidence risk (176.3 cases per 100 000 persons) reported to date.

The cumulative incidence risk for the country increased from 870.6 cases per 100 000 persons in week 31 to 952.9 cases per 100 000 persons in week 32. The cumulative incidence risk varied by province over time (Figure 3). This is partly explained by testing differences by province (Table 1). In the past week, Free State Province continued to reported the highest weekly incidence risk (128.6 cases per 100 000 persons) followed by Northern Cape Province (72.7 cases per 100 000 persons). Northern Cape Province was the only province showing an increase in weekly incidence risk in the past week as compared to week 31 (67 vs 73 cases per 100 000 persons), whereas all other provinces reported a decline in weekly incidence risk; the decrease in weekly incidence risk varied in magnitude, with Gauteng reporting the largest decline (95 vs 64 cases per 100 000 persons) followed by Free State (154 vs 129 cases per 100 000 persons). (Figure 4). Among the five provinces reporting the majority of cases in South Africa to date, doubling time of number of cases varied with time (Figure 5). In week 31, the estimated doubling time of number of cases continued to increase for all five provinces to 93.6 days in Western Cape Province, 46.1 days in Gauteng Province, 72.1 days in Eastern Cape Province and 25.7 days in KwaZulu-Natal Province and 15.8 days in Free State Province.

To date, the case-fatality ratio remained below 2% (10 408/559 858, 1.9%); an additional 2042 deaths were reported since the last report. The number of deaths reported in the past week was higher than the number reported in the previous week, 2042 compared to 1597. A crude case-fatality ratio (CFR) calculated in this way (number of deaths/number of diagnosed cases) is subject to numerous limitations. The CFR may be an underestimate because deaths are more likely to be reported if a patient with COVID-19 died in hospital and deaths out of hospital may be missed; in addition, occurrence and reporting of deaths may be delayed to several weeks after case diagnoses.

57.8%

OVERALL
MAJORITY OF
CASES REPORTED
ARE FEMALE

870.6

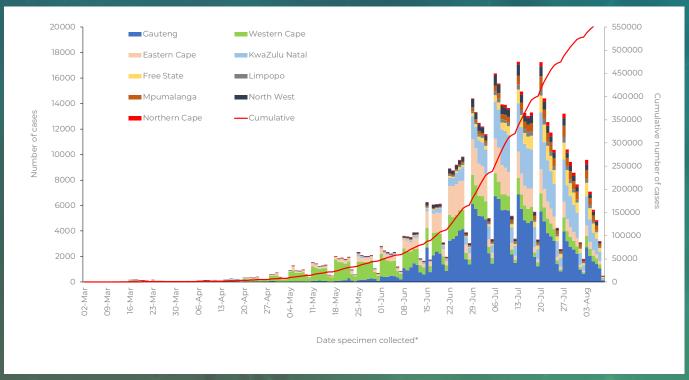
/100 000
OVERALL
INCIDENCE RISK

33.0%

CASES REPORTED IN GAUTENG PROVINCE IN THE PAST WEEK

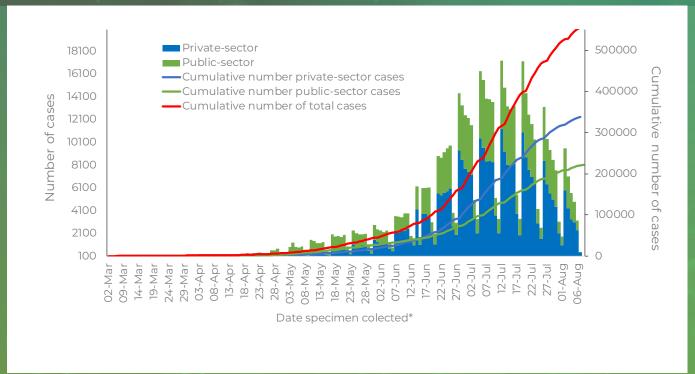
>80
YEAR AGE
GROUP
HAS THE HIGHEST
CUMULATIVE
INCIDENCE RISK

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*Date of specimen receipt used where date of collection was missing

Figure 1. Number and cumulative number of laboratory-confirmed cases of COVID-19 by province and date of specimen collection, South Africa, 3 March-8 August 2020 (n=559 281, 577 missing dates of specimen collection/province allocation).



*Date of specimen receipt used where date of collection was missing

Figure 2. Number and cumulative number of laboratory-confirmed cases of COVID-19, by testing laboratory sector and date of specimen collection, South Africa, 3 March-8 August 2020 (n=558 852, 1006 missing dates of specimen collection/sector allocation

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Table 1. Number and cumulative incidence risk of laboratory-confirmed cases of COVID-19 and testing per 100 000 persons by province, South Africa, 3 March-8 August 2020 (n=559 858)

Province	Cumulative cases (n) (percentage, n/total cases in South Africa)	New cases¹ detected in week 32 (02 August-08 August 2020), n (percentage², n/total)	Population in mid-2019 ³ , n	Cumulative incidence risk (cases per 100 000 persons)	Incidence risk of new cases detected in week 32 (cases/100 000 persons)	Tests ⁴ per 100 000 persons, 02 August-08 August 2020
Eastern Cape	82 401 (14.7)	2 414 (7.4)	6 712 276	1 227.6	36.0	150.0
Free State	28 370 (5.1)	3 712 (11.3)	2 887 465	982.5	128.6	440.9
Gauteng	192 767 (34.4)	9 720 (29.7)	15 176 115	1 270.2	64.0	281.7
KwaZulu-Natal	98 068 (17.5)	7 968 (24.4)	11 289 086	868.7	70.6	282.3
Limpopo	10 546 (1.9)	1 057 (3.2)	5 982 584	176.3	17.7	80.4
Mpumalanga	19 239 (3.4)	2 492 (7.6)	4 592 187	419.0	54.3	208.9
North West	21 837 (3.9)	1 605 (4.9)	4 027 160	542.2	39.9	130.5
Northern Cape	6 621 (1.2)	919 (2.8)	1 263 875	523.9	72.7	294.0
Western Cape	99 959 (17.9)	2 827 (8.6)	6 844 272	1 460.5	41.3	252.2
Provice not allocated	50					
South Africa	559 858 (100.0)	32 714 (100.0)	58 750 220	952.9	55.7	235.8

¹New cases refer to cases whose samples were collected or received in the current reporting week ²Percentage=n/total number of new cases (specimen collected or received in current reporting week) ³2019 Mid-year population Statistics South Africa 4Data on number of tests conducted sourced from COVID-19 weekly testing report of the same reporting week

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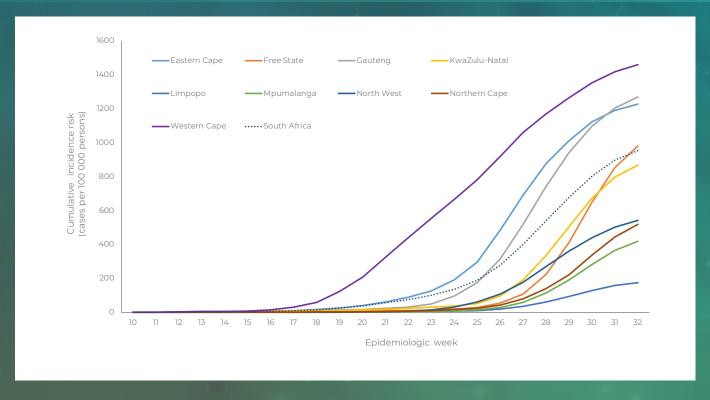


Figure 3. Cumulative incidence risk of PCR-confirmed cases of COVID-19 by province and epidemiological week, South Africa, 3 March-8 August 2020 (n=559 281, 577 missing dates of specimen collection/province allocation)

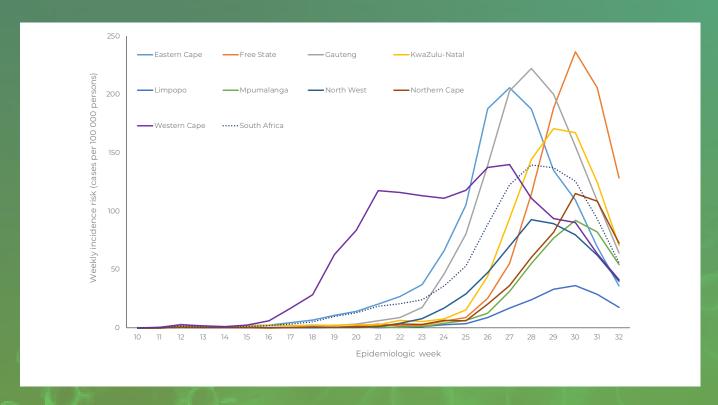


Figure 4. Weekly incidence risk of PCR-confirmed cases of COVID-19 by province and epidemiological week, South Africa, 3 March-8 August 2020 (n=559 281, 577 missing dates of specimen collection/province allocation)

WEEK 32 2020 CHARACTERISTICS OF CASES BY AGE AND SEX

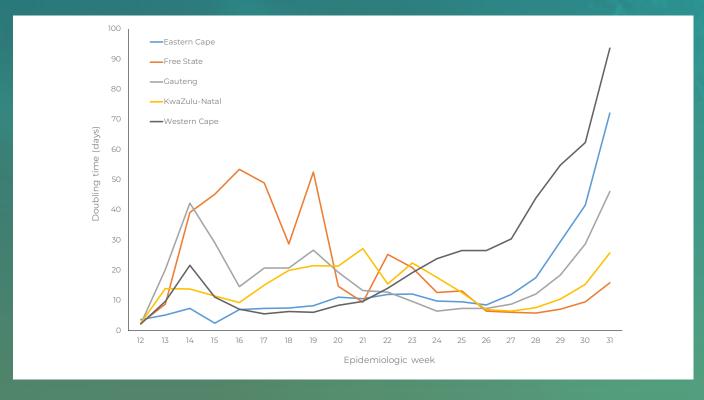


Figure 5. Doubling time of number of PCR-confirmed cases of COVID-19 by province (4 provinces with the majority of cases) and epidemiologic week, South Africa, 23 March-25 July 2020 (n=439 081)

CHARACTERISTICS OF COVID-19 CASES IN SOUTH AFRICA BY AGE AND SEX

The median age of COVID-19 cases in South Africa to date remained at 39 years with an interquartile range (IQR) of 30-51 years. The distribution of cases varied by age, with highest percentage of all cases to date in the 35-39-year age group (72 356/559 858, 12.9%) followed closely by the 30-34-year age group (70 871/559 858, 12.7%) (Figure 6). Similarly, among the cases reported in the past week, the highest percentage of cases was in the 35-39-year age group (3996/32 714, 12.2%) followed by the 30-34-year age group (3648/32 714, 11.2%). Similar to the previous week, the median age for cases reported in week 32 was slightly older (41 years, IQR 31-54), than that of total cases (39 years). The highest cumulative incidence risk was reported among those in the ≥80-year age group (2205.3 cases per 100 000 persons), followed by those in the 50-54-year age group (1980.0 cases per 100 000 persons). The lowest cumulative incidence risk was reported in the younger age-groups, 111.4 cases per 100 000

THE MEDIAN AGE OF CASES IN THE PAST WEEK

WEEK 32 2020 CHARACTERISTICS OF COVID-19 CASES IN SOUTH AFRICA BY AGE AND SEX

persons and 128.8 cases per 100 000 persons in the 0-4- and 5-9-year age groups respectively (Figure 7 and Table 2). Among cases detected in week 32, the highest weekly incidence risk was among cases aged ≥80-years (179.3 cases per 100 000 persons) and the lowest incidence risk was in the 0-4-year age group (6.6 cases per 100 000 persons). To date, the majority of COVID-19 cases reported were female (58.1%, 323 120/559 858). This was similar to the percentage reported in the past week (58.7%, 19 056/32 465). The cumulative incidence risk has remained consistently higher among females (1073.4 cases per 100 000 persons) than among males (811.1 cases per 100 000 persons) (Figure 7). However, this varied by age group with the peak cumulative incidence risk among females aged 45-49 years and males aged ≥80 years (Figure 8 and Figure 9). The highest weekly incidence in week 32 was among females (63.3 cases per 100 000 cases vs. 46.8 cases per 100 000 persons) in men. This may be partly explained by varying testing practices by age and sex (data not shown) and by health seeking behaviour.

13.0%

OVERALL HIGHEST PERCENTAGE OF CASES IN THE 35-39-YEAR AGE GROUP

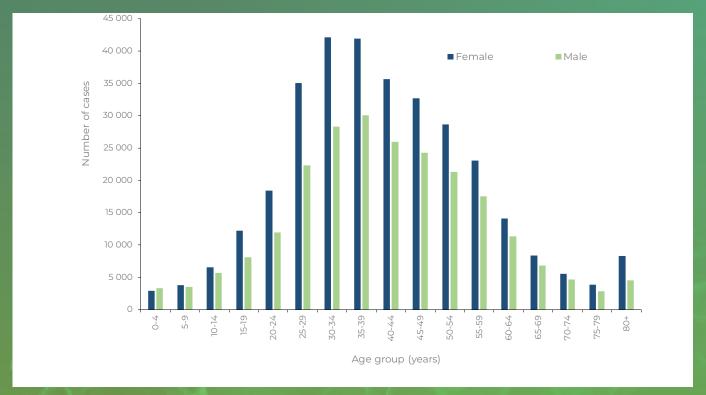


Figure 6. Number of laboratory-confirmed cases of COVID-19 by age group and sex, South Africa, 3 March-8 August 2020 (n= 555 674, sex/age missing for 4 181)

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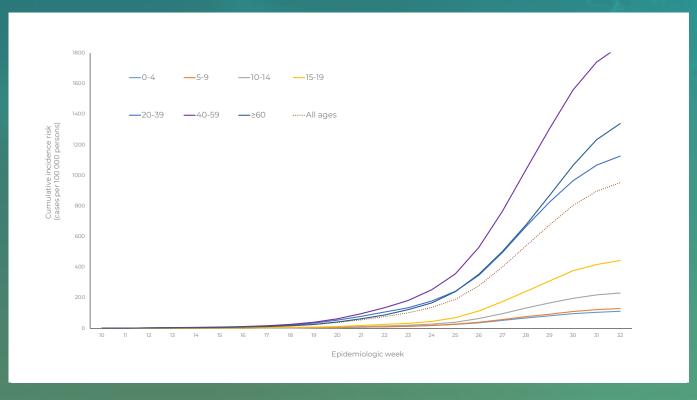


Figure 7. Cumulative incidence risk of PCR-confirmed cases of COVID-19 by age group in years and epidemiologic week, South Africa, 3 March-8 August 2020 (n=559 333, 525 missing dates of specimen collection)

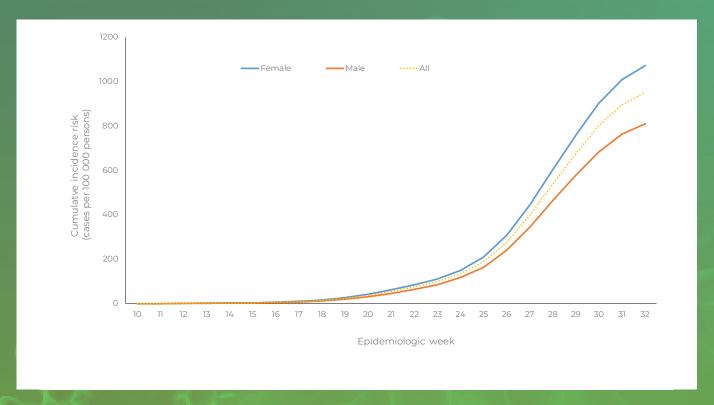


Figure 8. Cumulative incidence risk by sex and epidemiological week, South Africa, 3 March-8 August 2020 (n=555 766, sex/specimen collection date missing for 4 092)

WEEK 32 2020 CHARACTERISTICS OF COVID-19 CASES IN SOUTH AFRICA BY AGE AND SEX

Table 2. Number of cases and cumulative/weekly incidence risk by age group, South Africa, 3 March-8 August 2020, n= 559 858

Age group (years)	Cumulative cases (n) (percentage, n/total cases in South Africa)	New cases¹ detected in week 32 (02 August-08 August 2020), n (percentage², n/ total)	Population in mid-2019 ^{3,} n	Cumulative incidence risk (cases per 100 000 persons)	Incidence risk of new cases detected in week 32 (cases/100 000 persons)
0-4	6 386 (1.1)	378 (1.2)	5733 946	111.4	6.6
5-9	7 391 (1.3)	412 (1.3)	5737 439	128.8	7.2
10-14	12 493 (2.2)	667 (2.0)	5427 902	230.2	12.3
15-19	20 644 (3.7)	1 224 (3.7)	4660 002	443.0	26.3
20-24	30 619 (5.5)	1 635 (5.0)	4914 186	623.1	33.3
25-29	57 774 (10.3)	2 985 (9.1)	5528 571	1 045.0	54.0
30-34	70 871 (12.7)	3 648 (11.2)	5537 963	1 279.7	65.9
35-39	72 356 (12.9)	3 996 (12.2)	4571 175	1 582.9	87.4
40-44	61 924 (11.1)	3 305 (10.1)	3585 408	1 727.1	92.2
45-49	57 259 (10.2)	3 290 (10.1)	3045 617	1 880.0	108.0
50-54	50 194 (9.0)	2 975 (9.1)	2535 048	1 980.0	117.4
55-59	40 779 (7.3)	2 629 (8.0)	2192 512	1 859.9	119.9
60-64	25 578 (4.6)	1 821 (5.6)	1784 476	1 433.4	102.0
65-69	15 288 (2.7)	1 215 (3.7)	1370 121	1 115.8	88.7
70-74	10 263 (1.8)	864 (2.6)	949 812	1 080.5	91.0
75-79	6 742 (1.2)	589 (1.8)	597 874	1 127.7	98.5
≥80	13 297 (2.4)	1 081 (3.3)	602 969	2 205.3	179.3
Unknown	O (O.O)	O (O.O)			
Total	559 858 (100.0)	32 714 (100.0)	58775 021	952.5	55.7

¹New cases refer to cases whose samples were collected or received in the current reporting week ²Percentage=n/total number of new cases (specimen collected or received in current reporting week) ³2019 Mid-year population Statistics South Africa

WEEK 32 2020 LIMITATIONS AND CONCLUSIONS

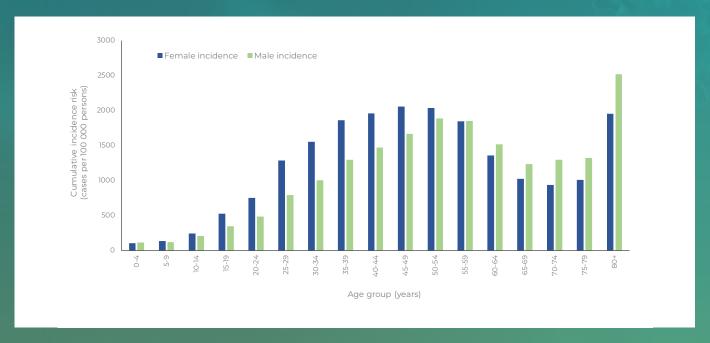


Figure 9. Cumulative incidence risk by age group and sex, South Africa, 3 March- 8 August 2020 (n=555 040, gender missing for 4 818 cases).

LIMITATIONS

This report is based on laboratory-based surveillance of PCR-confirmed cases. The number of reported cases is heavily dependent on testing practices. Although trends over time and comparisons by geographic area are presented in this report, changes in testing practices over time or differences by region may partially explain the results. The crude case-fatality ratio reported here is subject to numerous limitations: it is likely to be an underestimation as reporting of deaths may be delayed and deaths which occurred outside health facilities may be missed. Differences in health-seeking behaviour by age group and sex could also contribute to observed differences in case numbers between groups. The reported doubling time estimates are affected by the number of tests conducted; if fewer tests are performed, this will also increase the doubling time estimate.

CONCLUSIONS

The number of laboratory-confirmed cases of COVID-19 in South Africa continue to increase, even though the numbers detected per week are lower compared to numbers reported in earlier weeks. To date, 559 858 cases, including 10 408 deaths have been reported. In the past week (week 32), the incidence risk of cases per 100 000 persons for all provinces was lower than that reported for week 31. The proportional contribution of the four provinces which contribute a majority of cases (Gauteng, Eastern Cape, Western Cape and KwaZulu-Natal) continued to decrease compared to previous weeks. The decline in number of cases and weekly incidence risk together with prolonged doubling time of number of cases reported from the four provinces which contribute the majority of cases may reflect a true slowing down of transmission in these provinces. In addition, changes in testing practices and/or access to testing could also contribute to changes in numbers of confirmed cases.