NATIONAL INSTITUTE FOR COMMUNICABLE DISEASES

Division of the National Health Laboratory Service

SOUTH AFRICAN MEASLES OUTBREAK 2023

INTERIM SITUATION REPORT, 16 FEBRUARY 2023 (Based on laboratory testing data up until 11 February 2023)

Issued by the National Institute for Communicable Diseases based on laboratory testing data

Highlights

- The NICD has tested 3694 serum samples for measles since epidemiological week 40, 2022, of which 560 (15.1%) were confirmed positive. In outbreak-affected provinces, 537 cases have been reported since week 40, 2022. In the past weeks (week 05 up until mid-week 06, 2023), 76 laboratory-confirmed measles cases were detected across the country, of which 73 are from outbreak-affected provinces.
- In week 05, the percentage of samples testing positive (PTP) increased to 20% of the 251 samples tested, compared with a lower PTP (13%) in week 04, 2023. The PTP for week 06 has further increased to 25%.
- In week 06 Gauteng reported 12 new cases, the largest number of new cases of all the outbreak provinces.
- In provinces where an outbreak has been declared, the most affected age groups are still the 5–9-year-olds (41%) with a considerable proportion of cases reported among the 1-4 (26%) and 10-14 age groups (18%). Vaccination campaigns should therefore also include children aged 10 to 14
- The majority of cases (72%) were reported from primary healthcare facilities, and the highest proportion of cases reported from hospitals (53%) was reported in children under the age of one.
- Members of the public are urged to ensure their children are vaccinated against measles

Outbreak overview

From epidemiological week 40, 2022 (ending 8 October 2022) to mid-week 06, 2023 (ending 11 February 2023) the NICD has tested 3694 serum samples for measles of which 560 (15.1%) were confirmed measles cases. The number of samples submitted and the percentage of Laboratory confirmed measles-positive cases are shown in Figure 1. From epidemiological week 40 of 2022 to week 06 of 2023, 537 laboratory-confirmed cases were reported from five provinces with declared measles outbreaks; Limpopo (190 cases), Mpumalanga (94 cases), North West (169 cases), Gauteng (61 cases), and Free State (23 cases) (Table 1). The geographical distribution of cases across South Africa from week 40 of 2022 until week 06 of 2023 is shown in Figure 2. The number of measles cases continues to increase in blood samples and throat swabs submitted to the NICD for measles serology and PCR testing.

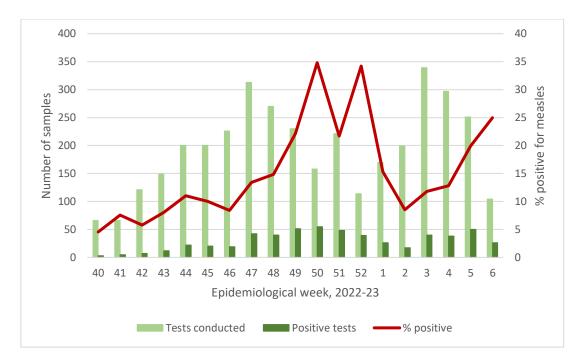


Figure 1. The number of serum samples submitted to the NICD for measles, week 40 2022, until week 06, 2023 and the number (dark green) and % tested positive (red line), by epidemiological week using the date the specimen was collected. *Data from week 06 represent partial data, and will be updated in next week's situation report when complete data from samples collected that week becomes available.

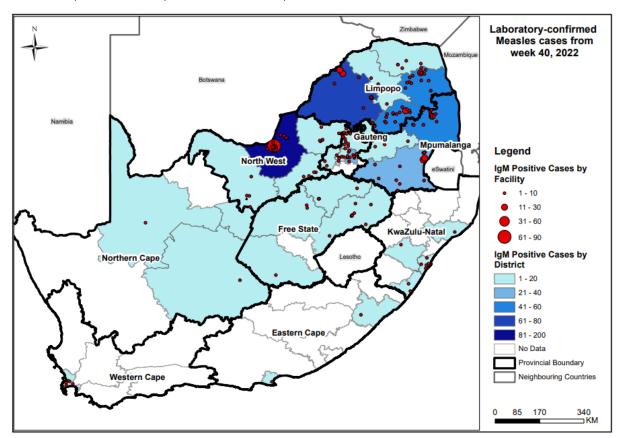


Figure 2. Distribution of laboratory-confirmed measles cases by the testing site (red dots – the size of the dot indicates the number of cases from that facility) and district of South Africa (deepening the colour of blue indicates the total number of cases by sub-district), from week 40 to week 06, 2023.

^{*}Note: Data is subject to change as new results are added or updated. Please contact Mr Tshepo Motsamai (<u>tshepom@nicd.ac.za</u>) to update data element

Table 1. Cases of laboratory-confirmed measles tested by the NICD from all provinces in South Africa from epidemiological week 40, 2022 to week 06, 2023. Outbreak-associated cases are contained within the red bordered cells* (EC=Eastern Cape; FS=Free State; GP=Gauteng; KZN=KwaZulu-Natal; LP=Limpopo; MP=Mpumalanga NW=North West; NC=Northern Cape). * A measles outbreak is classified as three or more confirmed laboratory measles cases reported within 30 days of the onset of disease, in a district. *Data from week 06 represent partial data and will be updated in next week's situation report when complete data from samples collected that week becomes available.

Epi Week	EC	FS	GP	KZN	LP	MP	NW	NC	WC	Total
40, 2022			1		2					3
41, 2022					5					5
42, 2022			1		4		1		1	7
43, 2022	1				11					12
44, 2022				1	19	2				22
45, 2022		1	1		12	3	1	1	1	20
46, 2022			1	1	9	8				19
47, 2022		1	2		18	15	4	1	1	42
48, 2022			1		18	17	4			40
49, 2022		3	2	2	10	14	18	1	1	51
50, 2022			3		16	6	30			55
51, 2022		4	3	1	7	5	28			48
52, 2022		2	1		6	5	24	1		39
01, 2023		3	1		7	1	13		1	26
02, 2023		1	2		3	4	7		0	17
03, 2023	1	4	9		9	5	11		1	40
04, 2023		2	10	2	9	5	9		1	38
05, 2023		2	11	2	18	2	14		1	50
06, 2023			12		7	2	5			26
Total	2	23	61	9	190	94	169	4	8	560

*Inclusive of samples submitted up until week 06

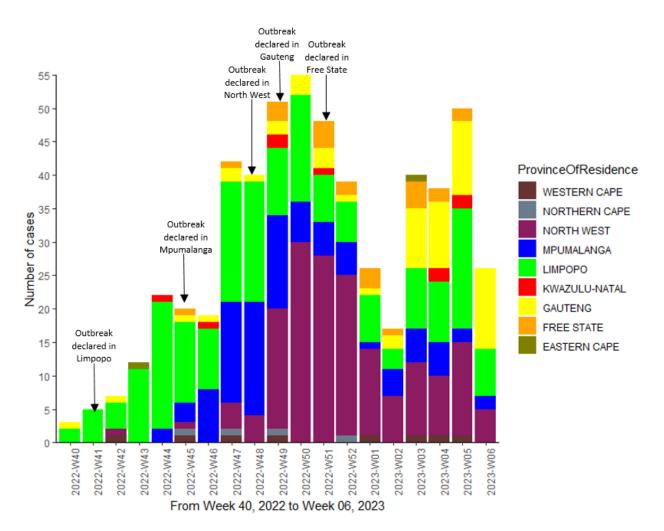


Figure 3. The epidemiological curve showing the number of laboratory-confirmed measles cases in South Africa from week 40, 2022 to week 06, 2023 (ending 08 October 2022 – ending 11 February 2023) by specimen collection dates and by province, indicating the weeks in which outbreaks were declared in Limpopo, Mpumalanga, North West, Gauteng and Free State provinces. *Data from week 06 represent partial data and will be updated in next week's situation report when complete data from samples collected that week becomes available.

The age of laboratory-confirmed cases across the five provinces ranges from two months to 60 years (Table 2). The majority of cases 221, (41%) were in the 5-9-year age group, followed by 141 (26%) in the 1-4-year age group and 98 (18%) in the 10-14-year age group. The attack rates are highest among age groups 1-4 and 5-9 (Table 2). Of the 537 cases in the provinces where the measles outbreak has been declared, the vaccination status of 114 (21%) was known, of whom 47 (41%) were vaccinated (Table 3). Whilst the NICD is presently not able to provide data on hospital admission rates nor on measles mortality rates, Table 4 reflects the number and proportion of laboratory-confirmed measles cases that originate from hospitals as opposed to primary healthcare facilities. Whilst cases that are seen at hospitals may not necessarily be admitted, this proportion gives us an indication of the severity of illness, as patients consulted tertiary care facilities. Admitted patients will be a subset of these cases. Presently it is not possible to determine measles admission rates and mortality. The NICD is working on data systems to collect this information.

Age group	FS		GP		LP		MP		NW		Total	
	# Cases	AR	# Cases	AR	# Cases	AR	# Cas es	AR	# Cases	AR	# Cases	AR
<1 year	2	3.76	8	3.03	10	7.58	5	5.52	7	8.66	32	5.16
1-4 years	9	4.29	11	1.06	49	9.19	27	7.73	45	14.30	141	5.76
5-9 years	10	3.74	25	1.99	73	10.95	32	7.49	81	20.68	221	7.35
10-14 years	2	0.69	10	0.81	40	5.99	20	4.32	26	6.37	98	3.21
≥15 years	0	0.00	7	0.06	18	0.46	10	0.29	10	0.33	45	0.18
Total	23	0.79	61	0.38	190	3.20	94	1.99	169	4.04	537	1.59

Table 2. Age distribution of laboratory-confirmed measles cases from epidemiological week 40, 2022to week 06, 2023, in provinces with a declared measles outbreak with age-specific attack rates.

FS= Free State; GP= Gauteng; KZN=KwaZulu-Natal; LP=Limpopo; NW=North West; AR = attack rate per 100,000 children within the age-band, denominators from mid-year population estimates, 2022, StatsSA

Table 3. Vaccination status for laboratory-confirmed measles cases from epidemiological week 40,2022 to week 06, 2023 in provinces with a declared measles outbreak.

Vaccination statu	FS	GP	LP	MP	NW	Total	
Vaccination statu	9	11	37	28	29	114	
Vaccination statu	14	50	153	66	140	423	
Vaccinated case status)	6	5	14	11	11	47(41%)	
Age distribution of vaccinated persons	<1 year	1	2	1	0	0	4
	1-4 years	2	0	7	1	3	13
	5-9 years	1	3	5	6	8	18
	10-14 years	2	0	1	4	0	6
	≥15 years	0	0	0	0	0	0
Total	23	61	190	94	169	537	

Table 4. The facility type where laboratory-confirmed measles cases have been identified, for epidemiological week 40, 2022 to week 06, 2023, South Africa. Submission of a specimen from a hospital may suggest (but is not firm evidence) that the patient was admitted. The number of admissions will be lower than the number of cases reported from hospitals

Reporting Health Facility	<1 year	1-4 years	5-9 years	10-14 years	≥15 years	Total
From PHC/CHC/other	15	102	166	74	32	389
From a hospital (%)	17 (53)	39 (28)	55 (25)	24 (24)	13 (29)	148 (28)
Total	32	141	221	98	45	537

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An overview of the outbreak in the Limpopo Province

In total, 190 cases of laboratory-confirmed measles were reported between epidemiological week 40, 2022 to week 06, 2023 with the majority of the measles cases reported in the Greater Sekhukhune, Mopani and Waterberg districts. Figure 4 shows an epidemiological curve from week 40, 2022 to week 06 of 2023 in Limpopo province. Waterberg district reported the highest number of measles cases which is 62 cases, the Mopani district reported 60 cases, the Greater Sekhukhune district had 49 cases, the Vhembe district has 14 cases and the Capricorn district reported five cases. Amongst the 14 cases reported from the Vhembe district, 11 cases originated from Makhado (Louis Trichardt Hospital and Clinic). The age of measles cases across Limpopo ranged from 4 months to 42 years. Measles virus infection affected mostly the age group 5-9 years (Table 2), with an attack rate of 10.95 per 100,000 persons. The 1-4 age group had a similar attack rate of 9.19 per 100,000 persons. Of the 190 measles cases in Limpopo province, 153 (81%) had an unknown vaccination status, 14 (7%) were vaccinated, and 23 (12%) were unvaccinated (Table 3). In the Waterberg district, 27 cases of 62 have been reported from Witpoort Hospital in Lephalale.

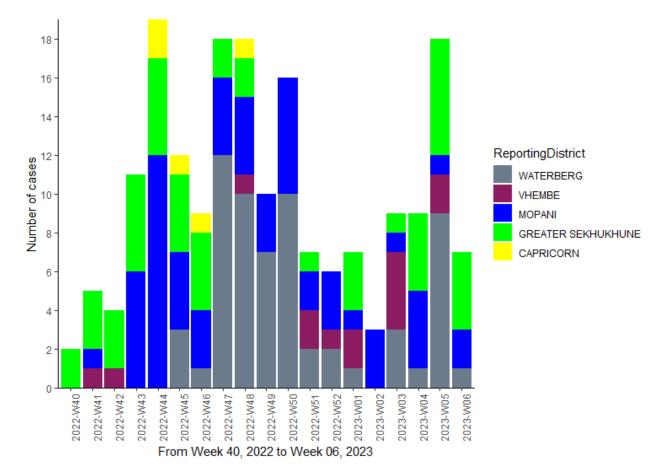


Figure 4. The epidemiological curve shows the number of laboratory-confirmed measles cases by districts of Limpopo Province from epidemiological week 40, 2022 to week 06, 2023 by specimen collection dates.

Mpumalanga

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In total, 94 cases of laboratory-confirmed measles have been reported since epidemiological week 40, 2022. The measles outbreak was declared in Mpumalanga province on 11 November 2022 (epidemiological week 45, 2022). Figure 5 shows an epidemiological curve for Mpumalanga province from week 44, 2022 to week 06, 2023, with Ehlanzeni and Gert Sibande districts reporting the majority of cases, 45 and 41, respectively. Dwarsloop clinic reported 17 of the 45 cases from the Ehlanzeni district, while Dundonald clinic reported 12 out of the 41 cases from the Gert Sibande district.

The age of cases across Mpumalanga ranged from 4 months to 60 years. The most affected age group by the measles outbreak is 1-4 years (Table 2), with an attack rate of 7.73 per 100,000 persons. Of the 94 cases, 66 had an unknown vaccination status, 11 were vaccinated and 17 were unvaccinated (Table 3).

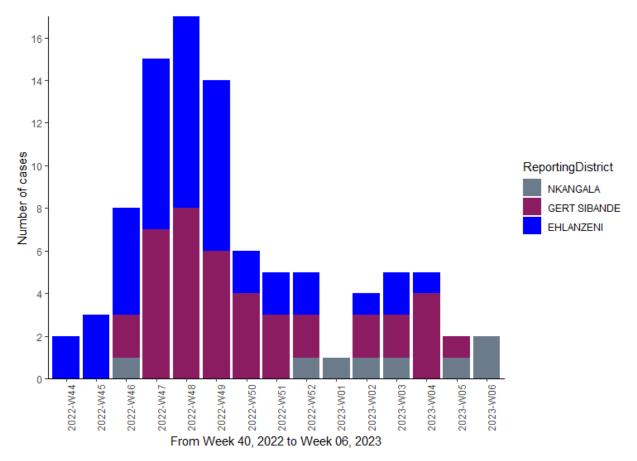


Figure 5. The epidemiological curve shows the number of laboratory-confirmed measles cases in districts of Mpumalanga Province from epidemiological week 44, 2022 to week 06, 2023 by specimen collection dates.

North West

A total of 169 laboratory-confirmed measles cases have been reported in North West Province since epidemiological week 40, 2022 (Figure 6). An outbreak was declared in North West province on 02 December 2022 after three laboratory-confirmed cases were reported in Ngaka Modiri Molema district. Most of the laboratory-confirmed cases are among children aged 5-9 years, with 81 cases and an attack rate of 20.68 per 100,000 persons, followed by

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those aged 1-4 years with 45 cases, with an attack rate of 14.30 per 100,000 persons (Table 2). 11 of the 169 cases were vaccinated and 140 had unknown vaccination status (Table 3). Of these 169 cases, the majority (140) were reported from the Ngaka Modiri Molema district, with 68 cases reported from a single clinic, Lonely Park Clinic in Mahikeng.

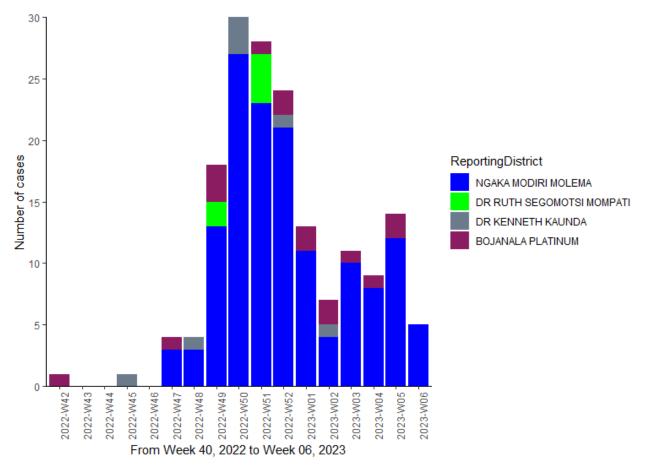


Figure 6. The epidemiological curve showing the number of measles cases in districts of North West Province from epidemiological week 42, 2022 to week 06, 2023 by specimen collection dates

Gauteng

A total of 61 laboratory-confirmed measles cases have been reported from epidemiological week 40, 2022 to week 06, 2023 in Gauteng Province displayed in Figure 7. An outbreak was declared on 06 December 2022 after three laboratory-confirmed measles cases were reported at a single health facility, Ethafeni clinic in the City of Ekurhuleni Metropolitan Municipality. To date, the majority of cases, 40, have been reported from the City of Ekurhuleni, 10 from the City of Tshwane and seven cases from the City of Johannesburg. Among these cases, 50 have unknown vaccination status while five were vaccinated (Table 3). Of the 61 cases, eight were identified at Daveyton's main clinic in Ekurhuleni.

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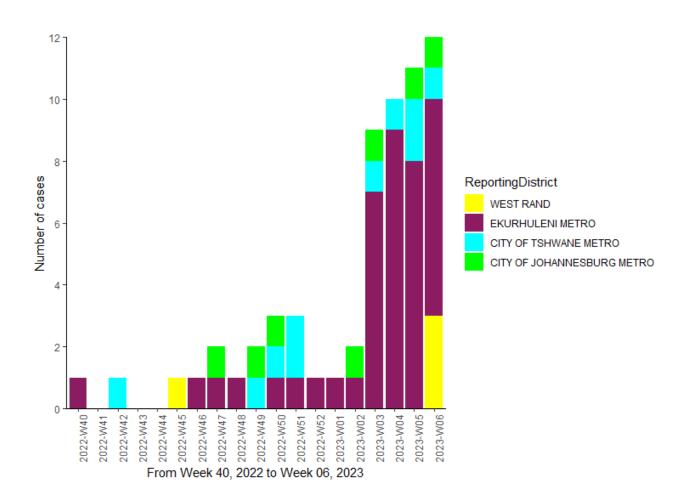


Figure 7. The epidemiological curve showing the number of measles cases in districts of Gauteng Province from epidemiological week 40, 2022 to week 06, 2023 by specimen collection dates

Free State

There are currently 23 laboratory-confirmed measles cases in this province since epidemiological week 40, 2022. An outbreak was declared on 20 December 2022 in Free State province after three laboratory-confirmed measles cases were reported in the Thabo Mofutsanyana district. Of the 23 cases, 17 have been reported from the Thabo Mofutsanyana district, four from the Fezile Dabi district, and one each from the Lejweleputswa and Xhariep districts. Six of these 17 cases reported from Thabo Mafutsanyana district were reported by Bethlehem clinic. The vaccination status of 14 cases is unknown, whereas three cases were not vaccinated, and six were (Table 3).

Conclusion

The total number of laboratory-confirmed measles cases continues to increase. The number of specimens submitted for testing has also increased. Continuous surveillance for measles cases is recommended. The NICD continues to support the planned vaccination campaigns as these are the only way to prevent measles transmission and further morbidity and mortality. Prevention and control of measles outbreaks can only be achieved through

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vaccination. Caregivers and parents are advised to review their child's vaccination records and confirm that they have received the measles vaccine. It is never too late to vaccinate – children who have not been vaccinated may receive the measles vaccine at any age over 6 months, and free of charge at primary health services. Clinicians across the country are urged to be on the lookout for measles cases. It is understood that the health departments in the respective provinces have commenced with or are planning immunisation campaigns. For more information about measles, case definition, notification, investigation and guidelines for measles management including vaccination, please refer to our website: <u>https://www.nicd.ac.za/diseases-a-z-index/measles/</u>.