

NMC SURVEILLANCE REPORT APRIL 2023

NOTIFIABLE MEDICAL CONDITIONS SURVEILLANCE SYSTEM

Issued by the National Institute for Communicable Diseases based

Introduction

This report summarizes data from the National Notifiable Medical Conditions Surveillance System (NMCSS) on cases diagnosed and reported in **April 2023**. Additionally, this report includes information on the distribution of case notifications by sources, such as clinical or laboratory notifications, merged cases (**see Appendix no. 3**), and the number of reported deaths. It monitors the use of the electronic NMC Reporting Application (App) for notification, data quality, specifically the completeness and timeliness of clinical diagnosis and notifications over time, and back-captured cases notified in March (**see Appendix nos. 1 and 3**). Category 4 NMCs and multi-system inflammatory syndrome (MIS-C) have been excluded from this report.

Highlights

- A total of 9 223 cases were reported in April 2023, with the majority of them being category 2 conditions.
- The NMC Reporting App was used to notify at least 98.2% (n= 5 881/5 985) of clinical notifications (range: 81-100%).
- In April 2023, the median time to report category 1 NMCs was one day (IQR: 0-2 days).
- The hospitalisation form was completed in at least 11% (n=36/326) of cases, whether admitted, discharged, or transferred out. This is lower than the previous month.

NOTES: For any additional information contact the NMC national technical team: <u>NMCAppSupport@nicd.ac.za</u> or NMC hotline <u>072 621 3805</u>. Please refer to Appendices for NMC data flow, definitions and interpretation of epidemiology data in this report.

DATA IS CONTINUOUSLY CLEANED, DE-DUPLICATED, AND UPDATED, HENCE IS SUBJECT TO CHANGE. ALL NUMBERS REPORTED ARE PRELIMINARY UNLESS OTHERWISE STATED. DATE OF DI AGNOSIS IS USED FOR REPORTING.

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NMC data summary, April 2023

We report on 9 223 cases notified in April 2023, of these 8 594 cases were diagnosed and notified (current notifications) to the NMCSS in April 2023. In addition, there were 629 notifications diagnosed in the last two weeks of March 2023 and notified in April 2023 (referred to as delayed notifications) (see **Appendix no.3** for definitions). Overall, the majority were category 2 conditions (57.1%, n=5 268); of which 60.5 % (n= 3 363/5 268) were clinical notifications (**Table 1**). The provinces with the highest number of notifications were Gauteng (n= 2 680, 29.06 %), KwaZulu-Natal (n= 2 324, 25.2 %), and Western Cape (n=1 120, 12.1 %). Among the cases captured by clinicians, the majority were from Gauteng (36.9 %, n= 2 050) and KwaZulu-Natal (19.9 %, n=1 106). (**Figure 2**). The majority of the laboratory notifications were from KwaZulu-Natal (33.76 %, n=1 090 / 3 238). There were 1 043 back-captured clinical and merged notifications diagnosed from 22 February 2020 to 18 March 2023 and only notified in April 2023. (**See Appendix No. 1**).

	Case Source								
				Merged cases					
	Total notifications	Clinical notification only	Laboratory notification only	(Clinical with laboratory results)					
	n (%)	n (%)	n (%)	n (%)					
Category 1	3 805 (41.26)	2 193 (11.8)	1 363 (17.5)	249 (42.7)					
Category 2	5 268 (57.12)	3 363 (63.84)	1 734 (32.92)	171 (3.25)					
Category 3	150 (1.63)	0 (0.0)	141 (4.35)	9 (2.1)					
Grand Total	9 223 (100.00)	5 556 (60.2)	3 238 (35.13)	429 (4.65)					

 Table 1: Description of NMC notifications by case source, April 2023.

Data are continuously updated and are best available at the time of release.



Figure 2: Distribution of notifications by province and notification type, April 2023

Of the clinical and merged notifications, 36.2 % (n= 2 173/ 5 985) were from the private sector (i.e. private hospitals, private practice, and the mining industry). We report an overall NMC Reporting App utilisation rate (proportion of clinical notifications reported using the App) of 98.2 % (n= 5 454 / 5 556). In all provinces, the majority of the clinical notifications were captured using the NMC Reporting App (**Figure 3**) with utilisation ranging from 81.3% in North West to 100.0% in Free State.



Figure 3: Clinical notifications notified by provinces, reporting platform, and sector, April 2023

The majority of the notified cases were male (54.0%, n=4 984). Individuals in the 35-39(10.0%, n=926) followed by under 5s (9.5%, n=873) age categories represented the majority of notified cases (**Table 2**). Approximately 23.3% (n=1 470) of all notified cases were hospitalized, while 0.9% (n=84) were referred to another healthcare facility. There were 47 deaths notified during the reporting period.

Age groups		Gender			Admission status						Outcome	
	Female	Male	Unknown	Discharged	Inpatient	Outpatient	Transferred	*Unknown	Alive	Deceased	*Unknown	Total (%)
0-4	398	475	0	48	238	193	12	382	478	8	387	873 (9.5)
5-9	152	252	0	13	52	79	5	255	146	0	258	404 (4.4)
10-14	163	392	0	9	38	76	6	426	125	1	429	555 (6.0)
15-19	230	330	0	13	55	119	2	371	189	3	368	560 (6.1)
20-24	263	250	0	10	71	158	8	266	245	0	268	513 (5.6)
25-29	377	358	0	23	99	217	6	390	342	4	389	735 (8.0)
30-34	451	475	0	32	167	281	11	435	484	7	435	926(10.0)
35-39	402	467	0	23	144	279	8	415	450	2	417	869 (9.4)
40-44	312	412	0	29	138	215	8	334	378	4	342	724 (7.8)
45-49	282	322	0	18	128	176	2	280	323	2	279	604 (6.5)
50-54	221	266	1	18	87	134	2	247	233	2	253	488(5.3)
55-59	194	247	0	15	93	101	4	228	208	3	230	441 (4.8)
60-64	167	175	0	16	59	78	2	187	154	3	185	342 (3.7)
65+	434	365	0	12	82	99	5	601	194	4	601	799 (8.7)
Unknown	192	198	0	9	19	24	3	335	47	4	339	390(4.2)
Total (%)	4 238 (46.0)	4 984 (54.0)	1 (0.0)	288 (3.1)	1 470 (15.9)	2 229 (24.2	84 (0.6)	5152 (55.9)	3 996 (43.3)	474 (0.5)	5158 (56.2)	9223

The Category 1 NMC notifications require completion of the hospitalisation form if the patient was admitted, transferred, or discharged at the time of notification. In April 2023, 326 patients diagnosed with category 1 conditions were either admitted, discharged, or transferred out. Of these, 11.0% (n=36/326) notifications had the hospitalisation form completed (**Figure 4**). Hospitalized cases of malaria and pertussis had better-completed hospital forms when compared to other category 1 NMCs.



Figure 4: Completion of hospitalisation form for patients diagnosed with category 1 conditions who were either admitted, discharged, or transferred out, March-April 2023

NMC Reporting App: Hospital form

- Complete a hospitalization form for all category 1 hospitalized, discharged, and referred patients.
- When selecting the "Admission status" in the process of capturing a new case or editing an existing case, the "Hospitalization icon" will be activated.
- This form collects the risk factors of hospitalized patients.

		New Diphtheria Case		
▲ Facility	▲ Patient Details	양 NMC Details / Travel History	\mathscr{P} Vaccination History / Specimen	+ Hospitalisation
This section is only av	vailable for Inpatient,D wit	Discharged or Transferre h category one conditi	ed patients and patients w	/ho are diagnosed

Distribution of category 1 NMCs by province and number of deaths, April 2023

COVID-19, which is now reported through the NMC surveillance system accounted for 65.7% (n=2 498) of category 1 notifications, followed by malaria (24.8%, n=92), pertussis (4.8%, n=182) and measles (2.9, n=112) (Table 3). In April, Gauteng (53.7%, n=1 342) and KwaZulu-Natal (21.5%, n=536) reported the majority of the COVID-19 notifications. Since March, there has been a reduction of 34% in the number of COVID-19 notifications. When compared to March 2023, the number of <u>malaria notifications</u> increased by 86% in April. Although the onset of the malaria season in South Africa is between September and May and we anticipate higher case counts in the endemic provinces, the current increase in cases calls for alertness.

Table 3: Distribution of Category 1 NMC, April 2023

Category 1 NMC					Province	;				4	April 2023	¥M	arch 2023
	EC	FS	GP	KZN	LP	MP	NC	NW	WC	Total	² Total deaths	Total	² Total deaths
											n (⁴CFR)		n (⁴CFR)
Acute Flaccid Paralysis/Poliomyelitis	1	1	2	1	0	0	0	1	1	7	0(0.0)	18	0(0.0)
Acute rheumatic fever	0	0	2	1	0	0	0	0	0	3	0(0.0)	1	0(0.0)
Anthrax	0	0	0	0	0	0	0	0	0	0	0(0.0)	0	0(0.0)
Botulism	0	0	0	0	0	0	0	0	0	0	0(0.0)	0	0(0.0)
Cholera	0	0	0	0	0	0	0	0	0	0	0(0.0)	5	0(0.0)
Congenital Rubella Syndrome	0	0	0	0	0	0	0	0	0	0	0(0.0)	7	2(28.6)
Diphtheria	1	0	0	0	0	0	0	0	2	3	1 (33.3)	1	0(0.0))
Enteric fever (typhoid or paratyphoid fever)	2	0	8	1	0	1	0	1	4	17	0(0.0)	24	2(8.3)
Foodborne illness outbreak	0	3	2	3	0	0	0	0	1	9	1 (11.1)	8	0(0.0)
Haemolytic uraemic syndrome (HUS)	0	0	0	0	0	0	0	0	1	1	0(0.0)	0	0(0.0)
Listeriosis	0	0	1	0	0	0	0	0	2	3	0(0.0)	8	1(12.5)
\$Malaria	8	22	117	97	535	112	5	27	19	942	4 (0.4)	504	6 (1.2)
Measles	0	0	22	14	56	4	2	3	11	112	0(0.0)	409	1(0.2)
Meningococcal Disease	1	0	1	2	1	0	0	0	4	9	1 (11.1)	11	1(9.1)
Monkeypox	0	0	1	0	0	0	0	0	0	1	0(0.0)	0	0(0.0)
Pertussis	18	32	55	28	12	12	0	4	21	182	0(0.0)	211	0(0.0)
Plague	0	0	0	0	0	0	0	0	0	0	0(0.0)	0	0(0.0)
Rabies (human)	0	0	0	3	0	0	0	0	0	3	0(0.0)	4	0(0.0)
Respiratory disease caused by a novel	0	0	0	0	0	0	0	0	0	0	0(0.0)	0	0(0.0)
respiratory pathogen	Ŭ	0	0	Ŭ	Ŭ	Ŭ	Ŭ	0	0	Ŭ		Ŭ	
COVID-19	113	126	1342	536	8	92	95	45	141	2498	0(0.0)	3 827	0(0.0)
Rift Valley Fever (human)	0	0	0	0	0	0	0	0	0	0	0(0.0)	0	0(0.0)
Rubella	1	2	6	2	2	1	0	0	1	15	0(0.0)	20	0(0.0)
Smallpox	0	0	0	0	0	0	0	0	0	0	0(0.0)	0	0(0.0)
**Viral haemorrhagic fever diseases	0	0	0	0	0	0	0	0	0	0	0(0.0)	0	0(0.0)
Waterborne illness outbreak - UNDEFINED	0	0	0	0	0	0	0	0	0	0	0(0.0)	1	0(0.0)
Yellow fever	0	0	0	0	0	0	0	0	0	0	0(0.0)	0	0(0.0)
Total	145	186	1559	688	614	222	102	81	208	3 805	7	1 232	13
	(3.8)	4.9)	(41.0)	(18.1)	(16.1)	(5.8)	(2.7)	(2.1)	(5.5)	5 005	(0.2)	1 252	(1.1)

EC (Eastern Cape), FS (Free State). GP (Gauteng), KZN (KwaZulu-Natal), LP (Limpopo), MP (Mpumalanga), NW (North West), NC (Northern Cape). WC (Western Cape). **Viral Haemorrhagic fever diseases: Ebola or Marburg viruses, Lassa virus, Lujo virus, novel or new world arenaviruses. Crimean-Congo haemorrhagic fever. ** March 2023 data for comparison purposes (notification date. \$These data do not include malaria cases reported to DHIS2. Efforts are underway to harmonize reporting of malaria cases through the different systems. Data are updated continually and are best available at the time of release.

² Patient's vital status at the time of reporting. This is not always the final clinical outcome. The system depends on clinicians to update the vital status of patients. ,⁴ CFR- Case Fatality Rate (%) = (No. of deaths/ No. of cases) x 100

Distribution of category 2 NMCs by province and number of deaths, April 2023

In April 2023, a total of 5 268 NMC category 2 notifications were reported. Pulmonary tuberculosis infection (46.2%) accounted for the majority of category 2 NMC notifications, followed by hepatitis B (15.8%) and bilharzia (15.1%). There have been 17 deaths attributed to tuberculosis infection.

Table 4: Distribution of Category 2 NMC, April 2023

Category 2 NMC	Provinces								Ар	ril 2023	**March 2023		
	EC	FS	GP	KZN	LP	MP	NC	NW	WC	Total	² Total deaths n(4CRF)	Total	² Total deaths n(4CRF)
Agricultural or stock remedy poisoning	3	10	50	0	1	1	3	0	7	75	11 (14.7)	66	4 (6,1)
Bilharzia (schistosomiasis)	57	0	26	344	216	135	0	2	16	796	0 (0.0)	944	0(0.0)
Brucellosis	0	0	0	0	0	0	0	1	0	1	0(0.0)	0	0(0.0)
Congenital syphilis	10	1	10	38	1	0	3	0	13	76	4 (5.3)	90	0(0.0)
Haemophilus influenzae type B	0	0	4	0	0	1	0	0	0	5	2(40.0)	4	0(0.0)
³ Hepatitis A	25	16	62	59	22	20	16	15	119	354	1 (0.3)	410	0(0.0)
Hepatitis B	71	49	51	601	0	11	3	36	11	833	1 (0.1)	1045	1(0,1)
³ Hepatitis C	2	3	5	0	0	1	0	0	0	11	0(0.0)	3	0(0.0)
Hepatitis E	0	1	0	0	0	0	0	0	1	2	0(0.0)	8	0(0.0)
Lead poisoning	0	0	0	0	0	0	0	0	0	0	0(0.0)	0	0(0.0)
Legionellosis	0	0	0	0	0	0	0	0	4	4	0(0.0)	3	0(0.0)
Leprosy	0	0	0	0	0	0	0	0	0	0	0(0.0)	0	0(0.0)
⁵ Maternal death (pregnancy. childbirth and puerperium) ³	0	0	0	0	0	0	0	0	0	0	0(0.0)	3	3(n/a)
Mercury poisoning	0	0	0	0	0	0	0	0	0	0	0(0.0)	0	0(0.0)
Soil-transmitted helminths	0	0	1	0	0	0	0	0	1	2	0(0.0)	1	0(0.0)
Tetanus	0	0	1	1	0	0	0	0	0	2	0(0.0)	1	0(0.0)
⁵ Tuberculosis: extensively drug- resistant (XDR -TB)	1	1	2	0	1	0	0	0	0	5	0(0.0)	8	0(0.0)
⁵ Tuberculosis: multidrug- resistant (MDR -TB)	5	2	18	23	4	0	2	1	24	79	0(0.0)	80	1 (1,3)
⁵ Tuberculosis: extra-pulmonary	51	45	233	78	17	7	29	14	116	590	4 (0.7	838	11 (1,3)
⁵ Tuberculosis: pulmonary	249	129	631	480	171	60	129	64	520	2433	17 (0.7)	3266	31 (0,9)
Total (%)	474 (9.0)	257 (4.9)	1094 (20.8)	1624 (30.8)	433 (8.2)	236 (4.5)	185 (3.5)	133 (2.5)	832 (15.8)	5268	40 (0.8)	6 770	51 (0.8)

EC (Eastern Cape). FS (Free State). GP (Gauteng). KZN (KwaZulu-Natal). LP (Limpopo). MP (Mpumalanga). NW (North West). NC (Northern Cape). WC (Western Cape). * March 2023 data for comparison purposes. Data are updated continually and are best available at the time of release.

⁵ Parallel systems exist for reporting under the administration of the National Department of Health., ²Patient's vital status at the time of reporting. This is not always the final clinical outcome. The system is dependent on clinicians to update the vital status of patients, should it change over time,⁴ CRF- Case Fatality Rate (%) = No. of deaths/ No. of cases x 100

The average active users on the NMC App, December 2020 to April 2023

In April 2023, there were 303 average active users (sum of total access per day/number of days where users were active) (Figure 5). A total of 839 newly authorised users were recorded in April.



Figure 5: The average active user of the improved NMC reporting Application, December 2020-April 2023.

Completeness of clinical notifications in the NMCSS, April 2023

Completeness refers to the proportion of complete data entries per variable in the dataset among clinical and merged notifications. In April 2023, patient name, and surname were 100% complete on both App and paper platforms (**Table 5**). The patient folder/file number is poorly completed on both platforms. The symptom's onset date and patient outcome status are poorly completed in the App as compared to the paper.

Variables	NMC App (n=5 881)	Paper-based (n= 104)
	Complete n (%)	Complete n (%)
Patient folder no.	4 326 (73.6)	67 (64.4)
Patient first name	5 881 (100.0)	104 (100.0)
Patient surname	5 881 (100.0)	104(100.0)
Date of birth	5 819 (98.9)	104 (100.0)
Symptom Onset Date	4 115 (70.0)	99 (95.2)
Diagnosis Date	5 879 (100.0)	104 (100.0)
Patient outcome status	3 966 (67.4)	99 (95.2)

 Table 5:
 NMCSS data completeness on both reporting platforms, April 2023

Timeliness of clinical notifications by NMC categories and province, April 2023

Timeliness is measured by the number of days from the time of diagnosis of the NMC to the time of notification. Overall, it took a median of a day (IQR:0-2) to report category 1 NMCs in April 2023 (**Table 7**). The interval between the beginning of NMC symptoms and the diagnosis was calculated. Category 1 NMCs were diagnosed after a median of 2 days (IQR:0-4) of symptoms onset in 709 notifications.

Table 7: Time to notification of Category 1 and 2 NMC, April 2023

	Months	All cases r	notified in 2023	All cases r	notified in 2022
		N [¥]	Median (IQR*)	N [¥]	Median (IQR*)
	December			511	1 (0-2)
	November			576	0(0-1)
	October			606	0(0-2)
Category 1	September			464	1(0-2)
Category	August			276	1(0-6)
	July			220	1(0-2)
	June			201	1(0-3)
	Мау			23	1(0-4)
	April	^{"2460}	1(0-2)	24	2 (0-6)
	March	772	0 (0-2)	24	1(0-4)
	February	754	0 (0-2)	80	1(0-3)
	January	746	1 (0-2)	41	1(0-5)
	December			[¥] 2 566	2 (0-7)
	November			[¥] 5 283	2(0-7)
	October			[¥] 5 111	2(0-6)
	September			[¥] 4 493	2(0-6)
Category 2	August			[¥] 4 249	2(0-7)
	July			[¥] 3 286	2(0-7)
	June			[¥] 2 658	2 (0-6)
	Мау			127	10(3-34)
	April	3 533	2(0-6)	112	9 (3-21)
	March	6 020	4 (0-22)	168	8(2-30)
	February	5 233	4 (0-15)	262	8(2-26)
	January	3 669	2 (0-7)	271	11(3-52)

IQR: Interquartile range is based on 25 and 75 quartiles, ¥The increase is due to Tuberculosis notifications and NMC App uptake by the TB program to notify TB. π The increase is due to the inclusion of COVID-19 notifications

Conclusion

The NMC Reporting App was used to report a greater number of clinical notifications from the Gauteng and KwaZulu-Natal provinces. This corresponds to the increased uptake of the App in provinces. The increase in average active users over time is an indication of the provinces' acceptance of the NMC Reporting App. Hospital form data is poorly completed. The majority of back-captured tuberculosis cases resulted from a delay in reporting cases.

Recommendations

- We recommend "whitelisting" the NMC Reporting App on the provincial departmental intranet to make the electronic notification platform more accessible to health facilities.
- For all category 1 NMCs, including COVID-19, we recommend that hospital forms be completed for all hospitalized patients.
- To reduce the burden of data capture on the App, we recommend submitting pre-existing databases for ingestion into the NMCSS.

Appendix 1: Back-captured clinical notifications

NMC Condition	EC	FS	GP	KZN	LP	MP	NC	NW	WC	Total n (%)
Bilharzia (schistosomiasis)	0	0	0	0	0	2	0	0	0	2 (0.2)
Congenital syphilis	3	0	0	0	0	0	1	0	3	7 (0.7)
COVID-19	1	0	16	2	0	0	0	6	16	41 (3.9
Enteric fever (typhoid or paratyphoid fever)	0	0	0	0	0	0	0	0	1	1 (0.1)
Haemophilus influenzae type B	0	0	1	0	0	0	0	0	0	1 (0.1)
Hepatitis A	1	0	0	0	0	0	0	0	2	3 (0.3)
Hepatitis B	6	2	18	5	0	6	1	0	1	39 (3.7)
Hepatitis C	0	0	2	1	0	1	0	0	0	4 (0.4)
Legionellosis	0	0	1	0	0	0	0	0	0	1 (0.1)
Malaria	0	1	1	1	0	0	0	0	4	7 (0.7)
Maternal death (pregnancy, childbirth, and puerperium)	0	0	1	0	0	0	0	0	0	1 (0.1)
Tuberculosis: multidrug- resistant (MDR -TB)	1	0	4	24	0	0	0	0	2	31 (3.0)
Tuberculosis: extra-pulmonary	3	0	281	11	8	1	1	4	10	319 (30.6
Tuberculosis: pulmonary	22	21	312	136	14	2	24	10	44	585 (56.1)
Waterborne illness outbreak - UNDEFINED	0	0	1	0	0	0	0	0	0	1 (0.1)
Total (%)	37 (3.3)	24 (2.3)	638 (61.22.8)	180 (17.3)	22 (2.1)	12 (1.2)	27(2.6)	20 (1.9)	83 (8.0)	1 043

 Table 8: NMC conditions diagnosed (22 February 2020 to 18 March 2023) and notified in April 2023

 Table 9: Back capture: Time to notification of category 1 and 2 NMC, April 2023

	Months	Back notified cases in April 2023					
		N¥	Median (IQR*)	Min- Max			
Category 1	April	50	130 (48-342)	23-667			
	March	16	61 (40-150)	18-396			
	February	13	36(24-53)	18-86			
	January	10	205(30-370)	19-370			

	April	993	224 (55-672)	16 -1155
Catogony 2	March	1 338	156(56-331)	15-1467
Calegory 2	February	847	77(42-145)	19-1699
	January	616	62(40-126)	18-771

*IQR: Interquartile range is based on 25 and 75 quartiles; "Excluding Leprosy cases

Appendix 2: Summary of NMCSS Data Flow



Figure 7: Summary of data flow within the NMC surveillance system

NMC categories

Category 1: NMCs are notified by the most rapid means available upon diagnosis, followed by a written or electronic notification to the Department of Health **within 24 hours** of diagnosis by healthcare providers, private health laboratories or public health laboratories. These conditions must be notified based on clinical suspicion irrespective of laboratory confirmation.

Category 2: NMCs notified through a written or electronic notification to the Department of Health of clinical or laboratory diagnosis within 7 days by healthcare providers, private health laboratories or public health laboratories.

Category 3: NMCs are notified through a written or electronic notification to the Department of Health within 7 days of diagnosis by public and private health laboratories.

Category 4: NMCs are notified through a written or electronic notification to the Department of Health within 1 month of diagnosis by public and private health laboratories.

Case Classification definitions

Clinical cases: are cases reported to the NMC by health care providers at facilities, either through the completion of a paper form that is faxed, emailed to the National Institute of Communicable Diseases (NICD), or by direct data entry into the NMC application on a PC, laptop or mobile device. The diagnosis is made by the clinician on the basis of case definitions published on the NICD website.

Laboratory cases: are cases that are downloaded into the NMC database directly from the National Health Laboratory Services (NHLS) laboratory information system. The NMC application applies the case definitions that are published on the NICD website. Private sector data is being sourced.

Merged cases: are cases where a case was notified by a health care provider at the facility (a 'clinical case') AND the laboratory issued a report with a positive result