

## **MEASLES AND RUBELLA WEEKLY SITUATION REPORT FOR SOUTH AFRICA**

**Reporting period 29 December 2025 to 30 August 2026, ISO\* Weeks 1-35**

Compiled by the Centre for Vaccines and Immunology

### **1. Background and Methods**

Measles and rubella surveillance data and analyses are updated daily and reported weekly. The figures reported may be influenced by the number of specimens from suspected cases that the laboratory receives at the time of testing. Case counts for a given epidemiological week are continuously updated as new information becomes available and may differ from previous reports due to updated provincial epidemiological data. The case definitions, case investigation forms, and other relevant resources are available on the National Institute for Communicable Diseases (NICD) website at <https://www.nicd.ac.za/diseases-a-z-index/measles/> and <https://www.nicd.ac.za/diseases-a-z-index/rubella/>. Clinical and wastewater surveillance results for measles are also available on the measles-rubella dashboard at <https://www.nicd.ac.za/measles-rubella-dashboard>.

### **2. Measles surveillance**

The NICD is a member of the WHO Global Measles Reference Laboratory Network and provides quality-assured measles serology and polymerase chain reaction (PCR) testing for samples submitted by public- and private-sector healthcare facilities. Clinicians are requested to submit a blood sample together with a throat swab, as well as a completed case investigation form, to the NICD from all patients presenting with fever, maculopapular rash and one of the three “c’s” (cough, coryza and conjunctivitis). Measles can cause severe complications, including pneumonia, ear infections, diarrhoea, encephalitis (swelling of the brain), and even death.

National measles surveillance has detected an increase in measles cases nationwide (Figure 1). Data available (accessed 03 September 2026) from 29 December 2025 to 30 August 2026 (ISO Weeks 1-35) indicated that 4188 laboratory-confirmed measles cases were reported nationally (Table 1). Since the previous report (ISO week 34), 125 additional cases were detected. Limpopo reported the highest number of new cases (22), followed by Gauteng (21), Northern Cape (21), KwaZulu-Natal (17), Free State (16), Western Cape (9), North West (8), Eastern Cape (6), and Mpumalanga (5). During the reporting period, the majority of measles cases occurred among children aged 1–14 years, accounting for 2,811 of 4,188 cases (67.1%). Children under 1 year accounted for 506 cases, representing 12.1% of the total. Adults aged >15 years accounted for 870 cases (20.7%), reflecting a rise in infections among older groups.

Measles remains endemic in South Africa, with seasonal increases in reported cases typically observed during autumn (March–May) and spring (September–November). Compared to previous years, a slight shift in seasonality has been observed, with measles cases peaking in winter (June–July). Although sporadic cases are reported in areas with high measles vaccination coverage throughout the year in South Africa, outbreaks usually occur in areas with low vaccination coverage, where many children are either unvaccinated or under-vaccinated (having received only one instead of the two recommended doses). Therefore, maintaining high vaccine coverage is important for preventing measles transmission. Measles cases should be monitored for

\*ISO weeks follow the ISO 8601 standard, in which weeks run from Monday to Sunday, and the first week of the year is the one containing the first Thursday of January.

complications and referred to healthcare facilities for further clinical management. Contacts of laboratory-confirmed cases should be vaccinated to protect them against measles and prevent its spread.

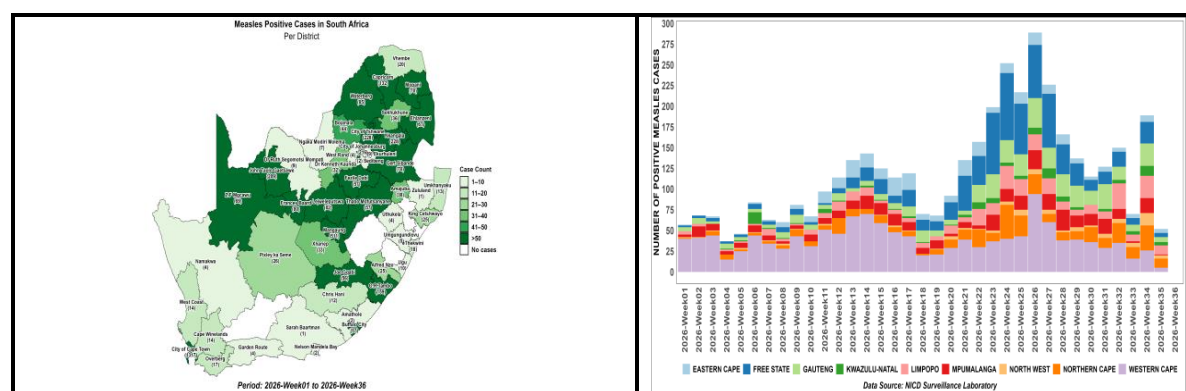


Figure 1: Laboratory-confirmed measles cases from ISO Weeks 1-35 of 2026 in South Africa.

Table 1: Laboratory-confirmed measles cases detected for ISO Weeks 1-35 of 2026, 29 December 2025 to 30 August 2026, by province in South Africa.

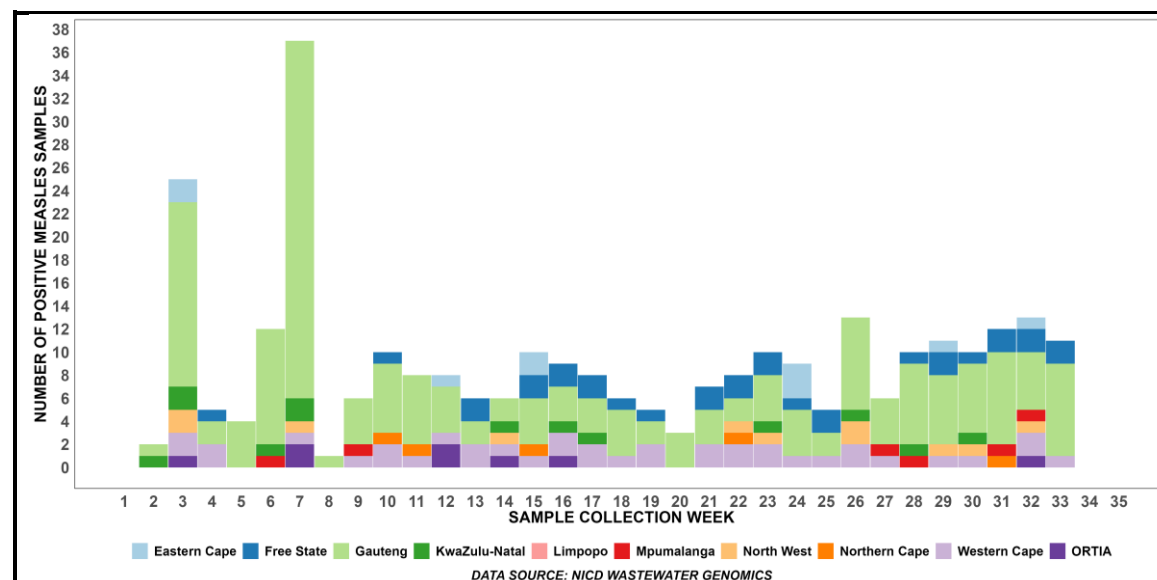
| PROVINCE      | 0-6<br>months | 7-11<br>months | 1-4<br>yrs | 5-9<br>yrs | 10-14<br>yrs | 15-19<br>yrs | 20-24<br>yrs | 25-29<br>yrs | >= 30<br>yrs | Unknown | Total |
|---------------|---------------|----------------|------------|------------|--------------|--------------|--------------|--------------|--------------|---------|-------|
| Eastern Cape  | 31            | 17             | 67         | 107        | 34           | 30           | 7            | 3            | 18           | 0       | 314   |
| Free State    | 72            | 12             | 99         | 314        | 133          | 44           | 18           | 8            | 39           | 1       | 740   |
| Gauteng       | 21            | 16             | 68         | 122        | 35           | 50           | 14           | 16           | 117          | 0       | 459   |
| KwaZulu-Natal | 11            | 3              | 19         | 57         | 14           | 5            | 2            | 0            | 3            | 0       | 114   |
| Limpopo       | 15            | 4              | 81         | 157        | 38           | 30           | 6            | 3            | 10           | 0       | 344   |
| Mpumalanga    | 42            | 16             | 51         | 137        | 51           | 34           | 16           | 3            | 21           | 0       | 371   |
| North West    | 4             | 4              | 25         | 41         | 10           | 4            | 0            | 0            | 4            | 0       | 92    |
| Northern Cape | 26            | 7              | 44         | 135        | 89           | 29           | 9            | 5            | 44           | 0       | 388   |
| Western Cape  | 153           | 52             | 159        | 553        | 171          | 51           | 38           | 21           | 168          | 0       | 1366  |
| Total         | 375           | 131            | 613        | 1623       | 575          | 277          | 110          | 59           | 424          | 1       | 4188  |

**Table 2:** Laboratory-confirmed measles outbreaks reported in the last four weeks (02 August 2026 – 30 August 2026) versus total cases from 29 December 2025 to 30 August 2026, in South Africa.

| Province      | Municipality              | New cases in the last 4 weeks (02 August – 30 August 2026) | Total cases from 29 December 2025 to 30 August 2026 |
|---------------|---------------------------|------------------------------------------------------------|-----------------------------------------------------|
| Eastern Cape  | Alfred Nzo                | 8                                                          | 25                                                  |
|               | Buffalo City              | 7                                                          | 57                                                  |
|               | Chris Hani                | 1                                                          | 12                                                  |
|               | OR Tambo                  | 5                                                          | 159                                                 |
|               | Joe Gqabi                 | 1                                                          | 56                                                  |
| Free State    | Fezile Dabi               | 1                                                          | 57                                                  |
|               | Lejweleputswa             | 1                                                          | 82                                                  |
|               | Mangaung                  | 24                                                         | 511                                                 |
|               | Thabo Mofutsanyana        | 26                                                         | 57                                                  |
|               | Xhariep                   | 4                                                          | 33                                                  |
| Gauteng       | City of Johannesburg      | 0                                                          | 216                                                 |
|               | City of Tshwane           | 29                                                         | 228                                                 |
|               | City of Ekurhuleni        | 1                                                          | 9                                                   |
| KwaZulu-Natal | Amajuba                   | 17                                                         | 38                                                  |
|               | eThekweni                 | 1                                                          | 18                                                  |
|               | King Cetshwayo            | 3                                                          | 17                                                  |
|               | uMkhanyakude              | 0                                                          | 13                                                  |
| Limpopo       | Capricorn                 | 7                                                          | 133                                                 |
|               | Mopani                    | 30                                                         | 72                                                  |
|               | Sekhukhune                | 15                                                         | 37                                                  |
|               | Vhembe                    | 2                                                          | 20                                                  |
|               | Waterberg                 | 23                                                         | 84                                                  |
| Mpumalanga    | Gert Sibande              | 6                                                          | 76                                                  |
|               | Nkangala                  | 12                                                         | 228                                                 |
|               | Ehlanzeni                 | 15                                                         | 67                                                  |
| North West    | Bojanala Platinum         | 16                                                         | 44                                                  |
|               | Dr Kenneth Kaunda         | 11                                                         | 32                                                  |
|               | Dr Ruth Segomotsi Mompati | 9                                                          | 1                                                   |
| Northern Cape | Frances Baard             | 7                                                          | 80                                                  |
|               | John Taolo Gaetsewe       | 62                                                         | 209                                                 |
|               | Namakwa                   | 3                                                          | 4                                                   |
|               | Pixley Ka Seme            | 1                                                          | 26                                                  |
|               | ZF Mgcawu                 | 6                                                          | 69                                                  |
| Western Cape  | City of Cape Town         | 73                                                         | 1317                                                |
|               | Cape Winelands            | 5                                                          | 14                                                  |
|               | West Coast                | 3                                                          | 14                                                  |

### 3. Measles surveillance in wastewater from 29 December to 16 August 2026 (epidemiological week 33)

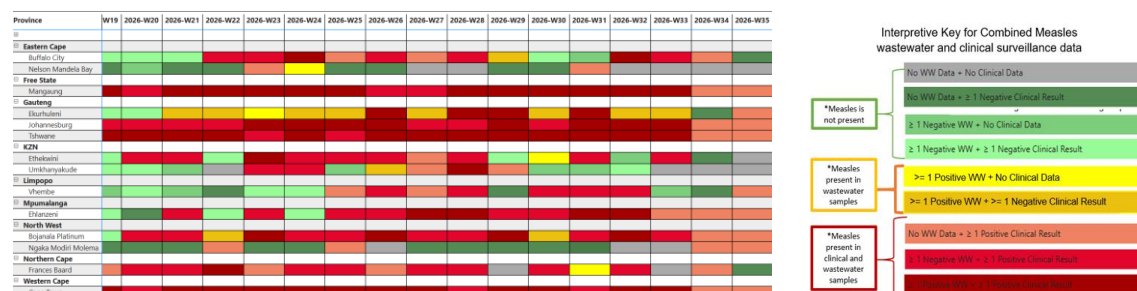
Measles-positive wastewater samples were detected in Gauteng Province, Western Cape Province and Free State Province in epi-week 33 (Fig 2). No new data were added for weeks 34 and 35, due to technical issues encountered at the NICD.



**Figure 2:** Laboratory-confirmed measles cases from wastewater sampling for epidemiological weeks 1 to 33 of 2026 in South Africa. ORTIA: OR Tambo International Airport. No updates for weeks 34 and 35.

### 4. Combined measles wastewater and clinical surveillance data

Combined clinical and wastewater surveillance data can be found on the NICD dashboards webpage, specifically the measles wastewater surveillance dashboard: <https://www.nicd.ac.za/measles-wastewater-surveillance-dashboard/>. At the district level, for week 33, measles was detected in wastewater and in clinical surveillance in Bojanala, Ekurhuleni, Johannesburg, Mangaung, Tshwane, Vhembe, Ehlanzeni, and the City of Cape Town. Measles was detected in wastewater in the Ekurhuleni district, but no clinical cases were detected in this district, indicating the presence of transmission in Ekurhuleni (Fig 3).



**Figure 3:** Combined clinical and wastewater surveillance by health district and epidemiological week (left), together with interpretive key (right). No updates for weeks 34 and 35.

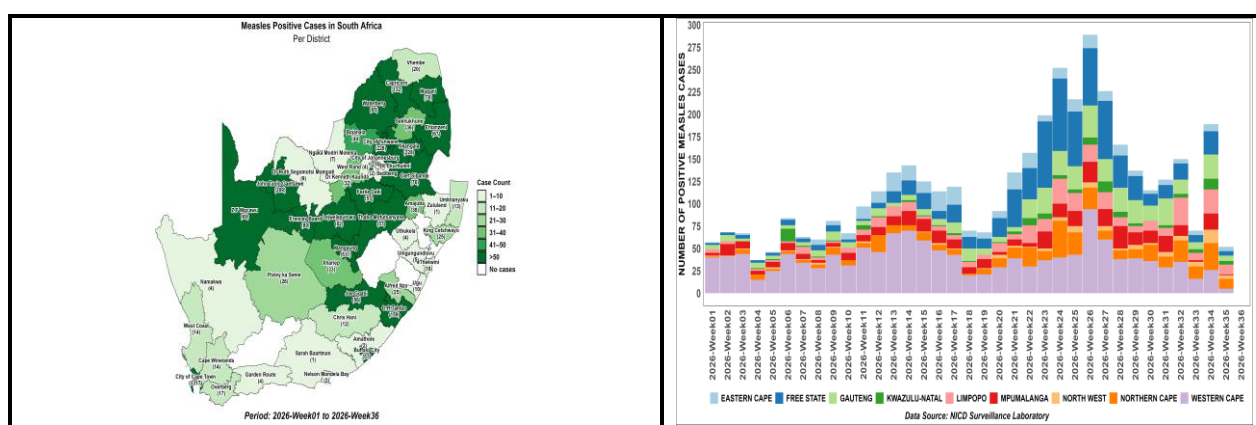
## 5. Rubella surveillance update

Rubella serology testing is conducted at several National Health Laboratory Service (NHLS) laboratories and at the NICD. Data reported in this situation report are for samples collected for the measles and rubella fever-rash surveillance and tested at the NICD. Rubella testing in NHLS laboratories is primarily conducted to determine rubella susceptibility amongst pregnant women at antenatal clinics. As the groups of patients undergoing testing differ, these results are not analysed together with fever-rash surveillance data.

### Update on the rubella outbreak in South Africa

Between 29 December 2025 and 30 August 2026 (ISO Weeks 1–35), a total of 506 laboratory-confirmed rubella cases were reported in South Africa through the national fever-rash surveillance system (Table 3, Figure 4; data accessed 3 September 2026). Since the previous report, 10 new rubella cases have been reported. During the reporting period, most cases occurred among children aged 1–14 years (381/506; 75.3%) (Table 3).

Rubella remains endemic in South Africa, with seasonal increases in transmission typically observed during autumn (March–May) and spring (September–November). The infection primarily affects children under 15 years of age and is generally self-limiting.



**Figure 4:** Number of laboratory-confirmed rubella cases by epidemiological week (ISO Weeks 1–35), South Africa, 2026.

**Table 3:** Laboratory-confirmed rubella cases detected for ISO Weeks 1–35 of 2026, 29 December 2025 to 30 August 2026, in South Africa.

| PROVINCE      | 0-6 months | 7-11 months | 1-4 years | 5-9 years  | 10-14 years | 15-19 years | 20-24 years | 25-29 years | >=30 years | Total      |
|---------------|------------|-------------|-----------|------------|-------------|-------------|-------------|-------------|------------|------------|
| Eastern Cape  | 4          | 0           | 4         | 12         | 2           | 0           | 0           | 0           | 1          | 23         |
| Free State    | 2          | 0           | 11        | 37         | 16          | 6           | 0           | 1           | 3          | 76         |
| Gauteng       | 5          | 1           | 13        | 20         | 9           | 2           | 4           | 1           | 8          | 63         |
| KwaZulu-Natal | 2          | 0           | 9         | 7          | 3           | 1           | 0           | 1           | 0          | 23         |
| Limpopo       | 2          | 3           | 7         | 19         | 4           | 3           | 0           | 0           | 1          | 39         |
| Mpumalanga    | 1          | 0           | 6         | 28         | 10          | 2           | 1           | 1           | 1          | 50         |
| North West    | 0          | 1           | 10        | 15         | 5           | 0           | 0           | 0           | 1          | 32         |
| Northern cape | 3          | 1           | 7         | 22         | 11          | 2           | 1           | 2           | 8          | 57         |
| Western cape  | 9          | 15          | 14        | 63         | 17          | 7           | 3           | 4           | 11         | 143        |
| <b>Total</b>  | <b>28</b>  | <b>21</b>   | <b>81</b> | <b>223</b> | <b>77</b>   | <b>23</b>   | <b>9</b>    | <b>10</b>   | <b>34</b>  | <b>506</b> |

## **Public health interventions**

### **For Health Professionals**

Health professionals should strengthen surveillance and laboratory confirmation of suspected cases to support national elimination goals. All suspected measles and rubella cases should be investigated promptly, with blood specimens collected for laboratory confirmation, and notification should be completed through the Notifiable Medical Conditions Surveillance System (NMCSS).

Ensuring high coverage of the measles-rubella (MR) vaccine, conducting catch-up immunisation activities, and monitoring immunity among women of childbearing age are critical strategies. Clinicians should also counsel patients on the benefits of vaccination, identify individuals at risk, and promptly report suspected or confirmed cases through national surveillance systems. Provinces should conduct measles risk assessments and continue implementing targeted or supplementary immunisation activities in areas with low vaccination coverage, particularly in “zero-dose” and under-vaccinated communities. Strengthening routine immunisation services and implementing mass vaccination campaigns targeting children up to 15 years of age are essential for preventing further outbreaks and achieving the goal of measles elimination. Ensuring high coverage of the measles-rubella (MR) vaccine and conducting catch-up immunisation activities are equally important.

### **For the Public**

Public awareness campaigns should be intensified to build trust in vaccines and address hesitancy by engaging with community leaders, healthcare workers, and other stakeholders to promote vaccine acceptance and participation in immunisation activities. Communities in areas experiencing localised measles or rubella outbreaks should be informed about the outbreak and the importance of prevention. Parents and caregivers are strongly encouraged to support the current vaccine campaign by checking their children’s vaccination booklets/cards to ensure that vaccinations are up to date. Those with children under five years who missed a scheduled routine measles immunisation dose should be taken to a healthcare facility/clinic for a catch-up dose as soon as possible.

Rubella, also known as German measles, spreads easily through coughs and sneezes and can be dangerous for unborn babies if a pregnant woman becomes infected. The best way to prevent rubella is through vaccination with the MR vaccine. This vaccine is given as part of the routine childhood immunisation schedule. Women planning to become pregnant should confirm their rubella immunity status with a healthcare provider. Community awareness and participation in vaccination campaigns are key to protecting everyone, especially pregnant women and their unborn children, from rubella and its serious complications.